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dLIFE POLL: ALMOST TWO-THIRDS OF PEOPLE WITH DIABETES FEEL THEIR WORKPLACE MAY BE HARMFUL TO THEIR HEALTH

WESTPORT, Conn., October 24, 2011 – Less than one-half of American workers living with [diabetes](#) find they have what they need in the workplace, according to a [recent poll](#) of dLife members. [dLife](#), the leading community network and resource for people living with diabetes, is committed to helping people with diabetes fully understand their legal workplace rights, better manage their condition at work and feel at ease discussing relevant issues with their employers and co-workers.

The recent poll of 278 dLife members – titled “[Does Your Employer Know Your Rights?](#)” – revealed only 38% of respondents say their jobs afford them extra time, privacy and an adjustable schedule to manage their condition. [The U.S. Equal Employment Opportunity Commission guidelines](#) state that employers cannot ask an employee about their condition, unless it is significantly difficult or expensive. Employers must provide adjustments or modifications to enable people with disabilities to enjoy equal employment opportunities.

“Many people living with diabetes are hesitant to ask for breaks for blood sugar testing or other accommodations at work because they fear their employer might wrongly interpret it as a limitation,” says Paula Ford-Martin, editor-in-chief of dLife. “The reality is, however, that people living with diabetes are not only fully productive employees, but are legally protected in the workplace and should understand the full scope of their rights from their very first job interview.”

The Americans with Disabilities Act prohibits discrimination against individuals with disabilities, including people living with diabetes, [according to the U.S. Department of Labor](#). Even if a person living with diabetes does manage their condition with diet, exercise, and/or medication, they are still covered. To learn more about diabetes in the workplace, visit [dLife.com/work](#).

About dLife — For Your Diabetes Life

dLife is the number-one community network and resource for people living with diabetes and caregivers, providing information, inspiration and connection via a diverse array of exclusive media channels and services. With over 1.2 million registered members, dLife uniquely engages this growing population in positive and proactive self-care. Its award-winning media outlets include [dLife.com](#), the leading online diabetes destination attracting over one million unique visitors each month and featuring the widest and deepest variety of original content and resources anywhere; *dLifeTV*, the only TV series dedicated to people with diabetes with almost half a million viewers, airing every Sunday on CNBC (7 p.m. ET); mobile applications, and other consumer and professional programs driving proactive diabetes self-management. dLife has been recognized with numerous media and editorial awards, including Medical Marketing and Media's Best Healthcare Consumer Media Brand 2009 & 2010.

dLife has also demonstrated positive and direct impact on health outcomes, disease engagement and self-care behavior via a recently completed randomized trial conducted by the Geisinger Healthcare System.

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