

TIMECODE	VISUALS	AUDIO
	<p><b>The following program contains explicit material. While medical in nature, it may not be suitable for children.</b></p> <p><b>Parental discretion is advised.</b></p>	<p><b>VO 1</b></p> <p><b>The following program contains sexually explicit material. While medical in nature, it may not be suitable for children. Parental discretion is advised.</b></p>
	<p><b>GFX Center</b></p> <p><b>dLife</b>  <b>For Your Diabetes Life!</b></p>	<p><b>VO 2</b></p> <p><b>dLifeTV, the only show for your diabetes life. Packed with information, insights, cooking, and real stories about real people. dLife brings it all together to help you live a healthy diabetes life.</b></p>
	<p><b>Various shots of upcoming segments.</b></p>	<p><b>VO Nicole Johnson Baker</b></p> <p><b>Today on dLife, how diabetes plays a role in love, sex, dating and intimacy, and facing type 2 diabetes on the field with SuperBowl champion Kendall Simmons. Plus real stories about real people living with diabetes.</b></p>
	<p><b>Shot of Nicole Johnson Baker.</b></p>	<p>Nicole Johnson Baker</p> <p>Welcome to dLife, your source for a healthy diabetes life. I'm Nicole Johnson Baker. Today, we focus on something rarely spoken about in public: how diabetes can complicate your sexual relationships. It's a subject usually confined to the bedroom, if it's discussed at all. Recently, my husband, Scott, and I along with several other couples and diabetes educator, Janis Roszler, sat down to share details about our love, marriage and living with diabetes. As you listen, you'll see how important it is to try to understand each other's needs and desires.</p>
	<p><b>Lower Third:</b></p> <p><b>Scott Baker</b></p> <p><b>Shot of Scott Baker and Nicole Johnson Baker.</b></p>	<p>Scott Baker</p> <p>Because you have diabetes in a relationship, it doesn't mean that your love life has to be any worse. It will be different, right? But I think it can be better and the reason I say that is I think that if you have diabetes, you have to pay attention to yourself. And if you're with somebody who has diabetes, you have to pay attention.</p>

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	<p><b>Lower Third:</b></p> <p><b>Janis Roszler, RD, CDE, LD/N</b>  <b>Author <i>The Secrets of Living and Loving with Diabetes</i></b></p> <p><b>Shot of Janis Roszler speaking with Scott Baker and Nicole Johnson Baker.</b></p> <p><b>Lower Third:</b></p> <p><b>Up to 35% of women with diabetes experience sexual dysfunction.</b></p> <p><b>Nerve damage as a result of diabetes can cause sexual discomfort.</b></p>	<p>Janis Roszler</p> <p>It's important to know that the whole issue of sex, especially when one member of the couple has diabetes, is a couple's issue. The most important thing I think if anyone watching is going to learn anything is that you can't stay quiet about this and you shouldn't stay quiet about this. There are so many treatments and we really haven't delved into what the issues are with men, and women have them also. And many women don't realize that some of their issues, if they're not lubricating well, if they're losing interest in sex, if they're having difficulty achieving orgasm or having painful intercourse, that could be related to their diabetes. I believe about just five percent of all the people who have difficulties go for help and there's so much out there. There's incredible help and incredible solutions.</p>
	<p><b>Shot of Nicole Johnson Baker</b></p>	<p>Nicole Johnson Baker</p> <p>So you just saw me share some of my experiences. Well, we went out and talked to some more women to hear about their stories about diabetes and relationships.</p>
	<p><b>When do you tell?</b></p> <p><b>What do you tell?</b></p> <p><b>Shot of woman in red shirt.</b></p>	<p>Woman in Red Shirt</p> <p>If I see it's going to turn into a serious relationship, then I will share medical history and stuff like that with someone, but when you first meet someone, you don't want to walk in and like, "I'm diabetic," and they're like, "Oh, this person got a whole bunch of health problems," and, you know, walk away. So there's nothing that you want to be an open book about with someone. You know, you want to get to know that person and that person knows you.</p>
	<p><b>Shot of woman in glasses.</b></p>	<p>Woman in Glasses</p> <p>I don't know if it qualifies as dating, but it was a long-term relationship. I was with someone for about a year and actually, I was told point blank that, "Well, if you don't take care of yourself, you know, you're going to be sick and I don't want to have to take care of my wife. You know, I don't want you to be a young woman, you know,</p>

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		<p>amputated feet and on dialysis and things like that. You know, I want a healthy partner.”</p>
	<p><b>Shot of woman in white shirt.</b></p>	<p>Woman in White Shirt</p> <p>If the person you’re dating or with has any kind of problem or issue, then they’re not the right person for you.</p>
	<p><b>What is dating like for you?</b></p> <p><b>Shot of woman in red shirt.</b></p>	<p>Woman in Red Shirt</p> <p>When I’m out on a date, sometimes even if it’s going nice and then it could be just one thing that could set it off and I think that the diabetes trigger to that. I mean it could just be not having enough to eat and your attitude is changing, you change from Dr. Jekyll and automatically you’re Mr. Hyde. I mean, it just affects it.</p>
	<p><b>Shot of woman in purple shirt.</b></p>	<p>Woman in Purple Shirt</p> <p>I was on a first date with somebody and when dinner was being served, I told him I needed to take an injection of insulin because I was diabetic and would he be all right with that. He told me he absolutely would not and asked me if I would please do it away from the table out of his sight because it made him uncomfortable. And although I did it, because I was new and I was insecure and I was uncomfortable with it myself, I remember standing in the bathroom in that restaurant thinking this is not how I’m going to live my life with this- with this problem. The people around me or people who care about me are going to be comfortable with this, as comfortable as I’m going to have to get with it. And I went back to the table and I just told him it would be better we got a check &lt;laughs&gt; and I left.</p>
	<p><b>Shot of woman in white shirt.</b></p>	<p>Woman in White Shirt</p> <p>Actually, my current boyfriend, &lt;laughs&gt; the first night we met, I was wearing my pump and he didn’t know I had diabetes and it was kind of a blind date meeting. And he thought after a few drinks that I was wearing a beeper and decided to grab what he thought was my beeper off of my waist and was going to throw it to his friend. &lt;laughs&gt;. And all I saw was my pump go with my tubing in the air and</p>

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		thought oh, my God, it's going to rip right out of me.
	<b>Shot of red-haired woman.</b>	Red-Haired Woman  Every time I put something in my mouth, every time I went, "Oh, God, I'm tired," it was, "Are you all right? Are you all right?" you know? And you really felt like you had fifteen nurses walking around. And I love it that he cared that much for me to pay attention, but it's like having your mom like come into your bedroom with you, you know, and walk around all the day. "Do you really need to eat that? Close that door. Put that away," Constantly.
	<b>Shot of woman in black shirt.</b>	Woman in Black Shirt  As I've become more comfortable having diabetes and as I've matured, I've come to accept diabetes, whereas when I was younger, it was something that I was still really resentful of and that I wasn't willing to share as a part of myself. And now it's something that I don't mind telling people about because it's just another part of who I am.
	<b>Shot of Nicole Johnson Baker.</b>	Nicole Johnson Baker  Thanks to everyone. When we return, we'll look at some men's health issues.
	<b>The following program contains sexually explicit material. While medical in nature, it may not be suitable for children.</b>  <b>Parental discretion is advised.</b>	VO 3  The following program contains sexually explicit material. While medical in nature, it may not be suitable for children. Parental discretion is advised.
	<b>Lower Third:</b>  <b>Howard Steinberg</b> <b>Creator dLifeTV</b>  <b>Shot of Howard Steinberg.</b>	Howard Steinberg  Erectile dysfunction. It's a reality for many men with diabetes. Recently, Howard Banker, who has had diabetes for over forty years sat down with dLife in a very frank talk about how he deals with this challenge.
	<b>Shot of Jim Turner interviewing Howard Banker.</b>	Jim Turner  I'm here with Howard Banker who's been a type 1 for...
		Howard Banker  Forty-two years.

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		<p>Jim Turner</p> <p>Forty-two years? Wow. Congratulations. You look great.</p>
		<p>Howard Banker</p> <p>Thank you.</p>
	<p><b>Lower Third:</b></p> <p><b>Jim Turner</b> <b>Actor, Arliss</b></p>	<p>Jim Turner</p> <p>And ED, erectile dysfunction, is something that a lot of people just don't want to deal with including healthcare providers. It's sort of, you know, a closeted thing. Has that been your experience that it's, you know, difficult to talk about, to get them to help you?</p>
	<p><b>Lower Third:</b></p> <p><b>Howard Banker</b> <b>Type 1 Diabetes</b></p>	<p>Howard Banker</p> <p>Well, without a doubt. It's tough for- I'll speak for guys, it's tough for a guy to accept. Certainly when I was younger, having that problem was a catastrophe, so then having it frequently is a giant catastrophe. But I'm getting married in a few months. So having a problem doesn't-- mustn't be the end of your sex life. I can't imagine life without sex. It's crazy.</p>
		<p>Jim Turner</p> <p>Well, a thing that I use, sometimes I'm confused if I'm high or low blood sugar, I will think about sex and if I can think about sex, my blood sugar's probably high because if it's low, I don't care. But that's very different.</p>
		<p>Howard Banker</p> <p>It's an interesting test, yeah.</p>
		<p>Jim Turner</p> <p>It's a good test.</p>
	<p><b>Shot of Howard Steinberg.</b></p>	<p>Howard Steinberg</p> <p>Howard Banker deserves a lot of credit for being honest. After that segment originally aired, we received a lot of letters, a lot of e-mails from other men and some women who were very concerned about ED. Joining me is Janis Roszler whose column at dLife dot com answers viewers' questions</p>

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		and she will answer some viewers' questions today about this subject. Welcome, Janis.
	<b>Shot of Janis Roszler.</b>	Janis Roszler  Thank you for inviting me.
	<b>Shot of Howard Steinberg interviewing Janis Roszler.</b>	Howard Steinberg  Let's start by talking about what is ED and how does that differ from what other symptoms men may experience?
	<b>Lower Third:</b>  <b>Janis Roszler, RD, CDE, LD/N</b> <b>Author <i>The Secrets of Living and Loving with Diabetes</i></b>	Janis Roszler  Well, ED stands for erectile dysfunction. All men at some point in their lives may experience difficulty having an erection and maintaining the erection, but that doesn't mean that they have a serious problem. ED occurs when a man is unable to achieve an erection and sustain it long enough to have satisfactory intercourse in more than half of his attempts. Then he has ED and should seek help.
		Howard Steinberg  One of our viewers asks is it something that runs in a family or is it all caused by other factors?
		Janis Roszler  There is some type of a heredity factor involved in this, but as I said, having erection issues happens to all men. Certainly, it is heightened when there's psychological issues going on between the man and his partner, stress, the use of alcohol to excess or other drugs, cigarette smoking is a problem. So really, the environment, a lot of choices that a man makes can affect whether or not he's going to be having a situation where ED occurs.
		Howard Steinberg  So obviously, his diabetes can affect it and his control of diabetes can affect it, so what exactly happens in the diabetic male that influences or can cause ED?
	<b>Lower Third:</b>	Janis Roszler  Well, let's take a look at what goes on when an erection takes place. A man is very visual, he would be stimulated by a word, a touch, a smell,

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	<p><b>Up to 80% of men with diabetes experience ED.</b></p>	<p>something he sees and something he thinks. At that point, there's communication between the brain and that area of the body so you've got to have good nerve connections, good nerve flow. You also have to be able to get the blood to go where it needs to go so you have to have adequate blood flow. And if there's a problem with the blood vessels, which often happens with diabetes, there's going to be a problem. If you have nerve damage, the communication won't happen and there's a problem with that as well.</p>
		<p>Howard Steinberg</p> <p>Right. So the common problems associated with diabetes, neuropathic problems, circulation problems all come into play with erectile dysfunction.</p>
		<p>Janis Roszler</p> <p>Absolutely.</p>
		<p>Howard Steinberg</p> <p>Well, let's face it. This is not a comfortable topic for many and communication is key between partners and between patient and doctor so help us help others dealing with that.</p>
		<p>Janis Roszler</p> <p>We have to be honest. Physicians are humans and this is an awkward topic for everyone to discuss. Also during a visit, how many minutes do you spend with your physician and how many other important things do you have to cover? It just gets lost.</p>
		<p>Howard Steinberg</p> <p>And he has to bring it up. He can't be intimidated by the doctor or the environment.</p>
		<p>Janis Roszler</p> <p>That's the tough part is deciding to bring it up. There are a lot of people who have ED, a lot of men who say, "You know what? Diabetes takes away so many things in my life. It's taken away what I eat. It's taken away what I can do. It's taken away certain functions that I can feel. Well, I guess now</p>

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		that I've lost this area of my life, that's part of diabetes and that's what it is," but it isn't. A man really can regain this.
		Howard Steinberg  Can't give up and you can't give up on pro-improving your control. I think diabetes over the past several years has come out of the closet more and it's one of the reasons why we're here. Is addressing erectile dysfunction amongst the diabetes community or in general becoming more of a topic, becoming more accepted as something to address?
		Janis Roszler  I think once Viagra came on the market and you started to see commercials for that and then Levitra and then Cialis, all of a sudden, it's on our TV screens so the communication, the conversations started.
		Howard Steinberg  So what can a man with diabetes who's experiencing such a problem do?
		Janis Roszler  He has to talk about it. That's step one. He has to value that piece of his life, his intimate relationship with his partner enough to say, "I'm going to overcome that embarrassment and I'm going to bring it up to the doctor," and he should try whatever treatment they agree upon and if it doesn't work, he should try another one. And if the dose of the medication doesn't work, they should work together to try a different dose. Do not give up. There absolutely is a treatment for each and every man.
		Howard Steinberg  So the first step is get your diabetes under control and then one can address the issue with many of the things you just mentioned.
		Janis Roszler  Well, I really have to emphasize the control issue. In my patients, if I see a man who's not taking his

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		diabetes seriously, when I tell him that he is at risk for developing problems in the bedroom...
		Howard Steinberg You get his attention.
		Janis Roszler I get his attention and he really starts to take care of his control because good control prevents it in most men and good control delays it.
		Howard Steinberg And many other complications.
		Janis Roszler Oh, absolutely.
		Howard Steinberg Janis, thank you so much. This is an important subject, it's a difficult subject, but you brought a lot of great information to our viewers. For more, visit dLife dot com slash ED.
	<b>Various shots of Kendall Simmons.</b>	Howard Steinberg VO When we return, Kendall Simmons of the SuperBowl champion Pittsburgh Steelers.
	<b>GFX Center</b> <b>dLife</b> <b>For Your Diabetes Life!</b>	
	<b>Lower Third:</b> <b>Nicole Johnson Baker</b>	Nicole Johnson Baker Here at dLife, we like to bring you stories of people who have not let diabetes knock them down. So it is with Kendall Simmons, a starting offensive lineman for the SuperBowl champion Pittsburgh Steelers. Kendall has type 2 diabetes. We caught up with him in Pittsburgh.
	<b>Lower Third:</b> <b>Kendall Simmons</b> <b>Right Guard, Pittsburgh Steelers</b> <b>Various shots of Kendall Simmons.</b> <b>Lower Third:</b> <b>Kendall was the Steelers' Rookie of the Year in 2002.</b>	Kendall Simmons My name is Kendall Simmons. I play for the Pittsburgh Steelers, right guard, and I have type 2 diabetes. My first year, you come in at the first round peak, you make Rookie of the Year and the first thing they say is he going to come back and have that so-called sophomore slump? Where most second year players will have a good year first year,

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	<p><b>Lower Third:</b></p> <p><b>Kendall was also First Team All-American at Auburn.</b></p>	<p>they kind of fall into a rut. And then I get struck with the diabetes thing. At first, I was like why did this happen to me? You know, I was perfectly healthy besides the bangs and bruises of football. Why do I have to have something else to deal with? Basically, out there fighting for my life. When you're an athlete, you don't want to- people to see your vulnerable side, but when you're a diabetic, you're going to have those times. Football has changed with me big time because I have to approach it a lot differently now. Going out on the field, I have to take a lot more steps than the normal players do. You have to count right and take your insulin accordingly. And I've been in games where my sugar has dropped and I'm like please, help me get to the sideline because I'm just like shaking and I'm breathing real hard. When your sugar drops low, the first thing you think about, okay, I need to get myself regulated. But this is in the middle of a play when you need to be thinking about this is my linebacker walking to the end of the line. I need to get to him because I have eleven other guys that are depending on me. And when your numbers are low, you have a tendency to try to hide it. It scared me and then after talking to people about it and you figure okay, you can live with it, then that's where the recovery part come in.</p>
	<p><b>Various shots of Kendall Simmons with Ryan Grove.</b></p> <p><b>Lower Third:</b></p> <p><b>Ryan Grove Assistant Athletic Trainer</b></p>	<p>Ryan Grove</p> <p>As an athlete with diabetes, Kendall needs to make sure that his blood glucose levels are normal to optimize his performance. So in order to help him perform on the football field, we have to make sure that he stays in the normal range. And this is different than for other athletes. He has to pay a close attention to that daily.</p>
	<p><b>Various shots of Kendall Simmons playing football.</b></p>	<p>Kendall Simmons</p> <p>When you've got a 300-pound guy pushing on you, it makes a difference because your energy level needs to be at its peak. If your sugar's over 180, being an athlete you are pretty much playing with one arm tied behind your back. Being a guy my size, you need those carbs for one thing, energy.</p>

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	<p><b>Shot of Kendall Simmons showing different food items.</b></p> <p><b>Various photos of Kendall Simmons playing football.</b></p>	<p>All athletes do. I had to find a way or another to eat like a lineman, but then maintain my sugar levels. My protein bars and also I keep my glucose tablets. I'm not going to let this stop me. I've had so many hurdles in my sports life; I said this is going to be another building block for me. I get letters all the time from parents saying, "My kid just found out that he's diabetic. How can you help him or show him the way that, you know, he can make it through it?" I'm trying to be a living example and I'm proving it to myself that I'm not going to let diabetes rule what I want to do and then to show everybody else that this can't be a problem if you take care of yourself.</p>
	<p><b>GFX Center</b></p> <p><b>dLife</b> <b>For Your Diabetes Life!</b></p>	<p>Nicole Johnson Baker</p> <p>Up next, new exercise ideas that could change your outlook.</p>
	<p><b>GFX Center</b></p> <p><b>dLife</b> <b>For Your Diabetes Life!</b></p>	
	<p><b>Lower Third:</b></p> <p><b>Nicole Johnson Baker</b></p> <p><b>Shot of Nicole Johnson Baker.</b></p> <p><b>GFX Center</b></p> <p><b>dLife</b> <b>For Your Diabetes Life!</b></p>	<p>Nicole Johnson Baker</p> <p>Exercise is important for diabetes management, but that doesn't always mean joining a gym. dLife talked to some people about innovative exercise ideas.</p>
	<p><b>Lower Third:</b></p> <p><b>Bobbi Ecker</b> <b>Surfer</b></p> <p><b>Various shots of Bobbi Ecker surfing.</b></p> <p><b>Lower Third:</b></p> <p><b>Swimming may lower blood sugar quickly; test before going in the water.</b></p>	<p>Bobbi Ecker</p> <p>Hey, my name is Bobbi Ecker. I was recently diagnosed with diabetes about eleven months ago. If you have diabetes and you don't exercise, your blood sugar can go high. I've been surfing for about five years, gotten really into surfing the last two years. When you're on land and you're not in the water, you can feel yourself shaking, but when you're in the water, you don't know when you're shaking because you're always moving. And when you catch a wave, you tell yourself you'll fall easier, you're kind of a little bit woozier. In the future, I see my diabetes as just being more responsibility in life, more things to take care of, a way to take charge of my life.</p>

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	<p><b>Lower Third:</b></p> <p style="text-align: center;"><b>Gina Covington Recreational Dog Walker</b></p> <p><b>Various shots of Gina walking dogs.</b></p> <p><b>Lower Third:</b></p> <p style="text-align: center;"><b>30-60 minutes of exercise can impact blood glucose levels for 24-72 hours.</b></p> <p><b>Lower Third:</b></p> <p style="text-align: center;"><b>Together, aerobic exercise &amp; strength training can improve diabetes control.</b></p>	<p>Gina Covington</p> <p>My name is Gina Covington and I'm a diabetic and I love to walk my dogs for exercise. The great thing about owning a dog is you've got a perfect excuse every day to go out and get a little bit of exercise. And before I knew it, I started feeling really good about myself and wanting to run, to actually start to sprint, which was news to me. Before I start my walk, I always check my blood sugars and it was interesting to learn the process of how my personal physiology reacts to this type of exercise. And what I really realized is that my blood sugars stabilized for a longer period of time. When I take the dogs out, especially the big dog, I put a knapsack on him and he carries our water, juice boxes, glucose tablets and cell phone just in case anything should happen or my blood sugar should drop. I get a great workout, I get to be outside in the fresh air, and I think it's best for the whole family.</p>
	<p><b>Lower Third:</b></p> <p style="text-align: center;"><b>Christian Alvarado Swimmer</b></p> <p><b>Various shots of Christian Alvarado swimming.</b></p>	<p>Christian Alvarado</p> <p>My name is Christian Alvarado and I'm a type 1 diabetic. My friends, when I tell them that I have diabetes and that I have a visual problem, they're so surprised that even though I have all these medical problems, I'm still active in sports. Before I went into a swimming pool, my blood sugar was 350 and after swimming a few laps, my sugar came down to 90. Swimming is a real good sport because it works out your whole entire body.</p>
	<p><b>Lower Third:</b></p> <p style="text-align: center;"><b>Kirby Davis Gardner</b></p> <p><b>Various shots of Kirby Davis gardening.</b></p>	<p>Kirby Davis</p> <p>My name's Kirby Davis and they call me Herbie Kirby because I grow herbs. I've had diabetes since 1989. I probably had it before. Gardening is my main exercise. For instance, when I mix the potting mix, I have to dig and I have to lift and I have to move the wheelbarrow and it uses most of your muscles. Then once you get that lovely plant all fixed up in the pot the way you like it, then you have</p>

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	<p><b>Lower Third:            Check blood sugar regularly during exercise.</b></p>	<p>to lift the darn thing and carry it over. And if it's too heavy then back in the wheelbarrow and take it to where you want it. Sometimes with diabetes, you do get very upset and kind of crabby. My daughter says, "Why don't you go out and work in the garden, mom?" &lt;laughs&gt;. So when I do that, it's very relaxing, very soothing. I like it.</p>
	<p><b>GFX Center            dLife            For Your Diabetes Life!</b></p>	
	<p><b>We asked people in a typical town the question: "If you were having a problem of a sexual nature, would you talk to your doctor about it?"</b></p>	<p><b>VO 4</b>  <b>We asked people in a typical town the question: "If you were having a problem of a sexual nature, would you talk to your doctor about it?"</b></p>
	<p><b>Various shots of people being interviewed on the street.</b></p>	<p>Man in Glasses: &lt;sighs&gt;.</p> <p>Interviewer: So it's a personal question. If you were having a problem of a sexual nature, would you talk to your doctor about it?</p> <p>Man in Sunglasses: I would, yes. I'm not uncomfortable uh... talking about any kind of physical problems.</p> <p>Man with Glasses: &lt;sighs&gt;. Gosh.</p> <p>Man in Black Cap: Because if you have a problem, you have to talk to somebody else to help you. You can't help yourself by yourself.</p> <p>Man with Glasses: &lt;sighs&gt;. Yeah. I mean it's not-it's not uhm...</p> <p>Man with British Accent: I don't know if they would be able to help, but I think that they would be somebody who could certainly give you a medical insight into it- into it maybe. So yeah, why not? I think it would be a good thing to do.</p> <p>Man in Red Shirt: I was thinking whether or not I needed to talk to my doctor or if I could just go buy whatever drugs I needed.</p> <p>Man with Glasses: &lt;laughs&gt;. Yeah, I guess so,</p>

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		sure. I can't think of who else I would talk to about it.
	<p><b>Shot of Nicole Johnson Baker.</b></p> <p><b>Lower Third:</b></p> <p><b>Hear more from today's guests on dLife Backstage Podcasts at <a href="http://www.dLife.com">www.dLife.com</a>.</b></p> <p><b>dLifeTV on CNBC next Sunday 4 p.m. PT/7 p.m. ET</b></p> <p><b>To order a copy of any dLifeTV episode, visit <a href="http://www.dLife.com/orderdlivetv">www.dLife.com/orderdlivetv</a>.</b></p>	<p>Nicole Johnson Baker</p> <p>That's all the time we have. We'll be back again next week with another edition of dLifeTV to inform, inspire and connect for a healthy diabetes life.</p>
	<p><b>GFX Center</b></p> <p><b>dLifeTV is produced by LifeMed Media and does not represent the views or opinions of CNBC, Inc.</b></p>	
	<p><b>Credits roll.</b></p> <p><b>Shot of Nicole Johnson Baker at side of screen.</b></p>	<p>Nicole Johnson Baker</p> <p>Remember, we are not role models. We are people living with diabetes just like you. What we do and how we manage may work for us, but everyone is different and you have to work with your diabetes caretaker to find out what is best for you. Remember, it's your dLife and there is no substitute for getting control of it.</p>
	<p><b>GFX Center</b></p> <p><b>Life Med media</b></p>	