Daily Blood Glucose Testing/Medication Log Sheet

Week Starting: _____

	Breakfast		Mid-Morning		Lunch		Mid-Afternoon		Dinner		Nighttime		Comments
	Before	2 Hrs. After	Before	2 Hrs. After	Before	2 Hrs. After	Before	2 Hrs. After	Before	2 Hrs. After	Before	2 Hrs. After	
Monday: Blood Glucose Reading													
Meds/Insulin Taken													
Tuesday: Blood Glucose Reading													
Meds/Insulin Taken													
Wednesday: Blood Glucose Reading													
Meds/Insulin Taken													
Thursday: Blood Glucose Reading													
Meds/Insulin Taken													
Friday: Blood Glucose Reading													
Meds/Insulin Taken													
Saturday: Blood Glucose Reading													
Meds/Insulin Taken													
Sunday: Blood Glucose Reading													
Meds/Insulin Taken													