

dLife Show Opener - Graphics

VO 1

**dLifeTV, the only show for your diabetes life.
Packed with information, insights, cooking and
real stories about real people. dLife brings it all
together to help you live a healthy diabetes life.**

Show hosts in studio

Mother Love

Shot of Aida Turturro

Shot of Dorian Gregory

Shot of audience

Shots of show hosts

**Lower Third:
Mother Love
Author & TV personality**

Scene from The Sopranos

Hosts and guests in studio

Today on dLife, it's diabetes and TV and the movies. Joining us to talk about their dLives, from the Sopranos, the very lovely Aida Turturro and from Charmed, the handsome Dorian Gregory. Now please welcome your host, people living with diabetes just like you, Nicole Johnson Baker, J. Anthony Brown, Jim Turner, and me, Mother Love. Welcome to dLife everyone. What a great show we have for you today. We'll examine how diabetes is portrayed in the movies and on TV and why it's important to recognize how diabetes is seen in the media. Well, let's just get right to it. I wanna bring on our first guest. You may know her as Tony Soprano's tough-minded sister Janice on the HBO hit series the Sopranos. Please welcome the very lovely Aida Turturro. <Audience applause> How you doing? Oh my gosh, thank you so much for joining us here on the show today.

Interview with Aida Turturro in studio

Aida Turturro

Thank you.

Mother Love

So, when were you diagnosed?

Aida Turturro

**Lower Third:
Aida Turturro
Actress, The Sopranos**

Well, uhm.. it wa- it's been about five years that I found out that I had it and-and originally I went into a little denial about it. It's a really hard

**Shot of audience
Interview with Aida Turturro in
studio**

**Lower Third:
Each point reduction in A1c
reduces risk of complications by
40%**

**Lower Third:
Diabetes causes up to 24,000 new
cases of blindness annually**

**Lower Third:
Many people with type 2 can
benefit with insulin**

disease. Uhm.. the numbers are growing every day. Uhm.. it's a scary disease if it's not controlled. I think it's really important, it's great that we have this dLife here because we really have to speak to the public and let them know how severe that diabetes can get- can get and, you know, you're so at risk if you don't control your blood sugars. And finally after about 2-1/2 years my doctor sat me down and said uhm.. if you do not control your blood sugars uhm.. you will be putting yourself at risk for diseases, you know, like uh..., you know, blindness and uh.. neuropathy and heart disease and kidney disease and it kind of then hit me, maybe I was just finally ready to deal with it. And I then started to take Lantis, uhm.. worked with that, uh.. still stay on oral and then really went into learning more about uh.. the whole education about it.

Interview in studio continues

Jim Turner

Have you ever been p- public with it, your- your diabetes or did you hide it, did you...?

Aida Turturro

I mean I never... <laughs> I'm not- you know what, I've never been someone to hide anything about myself. I'm a pretty open person. I mean I think in the beginning I just didn't get what it meant to be diabetic. I had it in my family, I just guess I didn't really understand it so it wasn't that I was hiding it I just wasn't really dealing with it. And I had had a hard few years, family had passed away, I was taking care of them more than myself.

Mother Love

At first was it hard for you to tell people that you had diabetes?

Aida Turturro

One friend said something that hurt my feelings once. They said uhm.. oh, you know, like y- well

you're going on- like well don't - don't- if you're going on a date like or something don't- don't tell somebody about- or your diabetes. And I was like I'm not. I'm like pretty open about this is who I am and whatever I am, you know, I'm a good person and I'm- this is- I'm not embarrassed about who I am. You know, and- you know, I mean would be embarrassed if I was a bad person or I was a cheap person or I was a mean person. But, you know, it's- it's okay. This is- there's nothing wrong with it.

**Interview with show hosts
continues**

J. Anthony Brown

You're a good person with diabetes.

Aida Turturro

Yeah, yeah, I mean it's hard. I mean some- you know what's bad is if you don't handle your diabetes and if you're blood sugars are out of control and then you're levels are going up and down and- and then you're getting cranky.

Nicole Johnson Baker

How do you manage your diabetes when you're at work?

Aida Turturro

Uhm.. you know, you- you have to plan. You have to plan like everyday you really have to think about your meals and- and it's really balancing the carbohydrates and, you know, not have too many and portion control. Uhm.. it's not fun. I mean I see people eating cake and I'm just like...

Mother Love

You wanna smack 'em.

Aida Turturro

Yeah, I mean I'm, you know...

J. Anthony Brown

<Inaudible> would you eat that and let me know how it tastes please <laughs>.

Aida Turturro

I mean someone could just like wow you can eat all that rice or like I mean you- you ate that big bowl of pasta. Like you're just like- you just can't do it. And so every meal you try to think about and uhm.. I hope I try and I'm not perfect, that's a whole other thing about being diabetic, you're not perfect. And it's always that constant battle of, you know, booking in all those exercise days, you know, like- you know, and you try to get help and if I do it with my friend and I'm like oh you promised you'd do Wednesday at 10, you know. And like- so I- I really try to work out as much as I can. And even when you're not doing the working out for people who can't get to the gym or whatever, the walking, you know. So I said sometimes if I'm going to film I say to myself, well hello, if you have an hour don't sit in the chair, tell 'em, you know, go take a walk for 20 minutes, you know. So believe me, I need to do more of that but uhm.. it's- well it's a lifetime thing so...

**Lower Third:
Exercise increases insulin
sensitivity, burns calories, &
lowers blood glucose**

Nicole Johnson Baker

We always hear stories here of like lows and highs and crazy things that happen related to diabetes...

Aida Turturro

Well, like, you know, I didn't realize that in the time that I was- my blood sugars were high and not really realizing that, you know, this was happening, 'cause I wasn't really testing and I had like a year where I was flipping out and cranky and I was like-

**Lower Third:
Stress, confusion or irritability
may be due to high or low blood
sugar.**

and I am a really nice person, I'm like- I'm not like a snappy, kind of per- and they were like "Oh my god what's wrong?" And I didn't even know what was wrong with me. Then in hindsight when I went oh, this is what happens to you and this was being dia- with the blood sugars when you're out of control. You don't get that way if you're not out of control. You know, I'm fine, I'm...

Mother Love

Oh, we just love you. Thank you Aida so much for coming on the show and sharing your story and dLife with us.

Aida Turturro

Thank you. Thank you very much.

Show continues in studio

Mother Love

So now this is the part of the show that we all take part in our dLife ritual where we say...

Bret Michaels playing guitar on stool

Bret Michaels

Test. Don't guess.

**Lower Third:
Bret Michaels
Rock Star, Type 1 Diabetes**

Show continues in Studio

J. Anthony Brown

**Lower Third:
J. Anthony Brown
Comedian & Co-Host,
The Tom Joyner Morning Show**

Our next guest is very involved in diabetes work. He hosts The Soul Train and plays Detective Morris on the WB series Charmed. Please welcome Dorian Gregory ya'll. <audience applause> Soul train. Now you were diagnosed with diabetes at what age?

Photo of Dorian Gregory

Dorian Gregory joins show hosts

Dorian Gregory

**Shot of audience
Shot of Dorian Gregory**

At the age of 9. So I've had it for over 20 years, you know. I remember a time where I had to urinate in a glass, stick, put a pill in the glass to see what my blood sugar was, three- what two hours ago, an hour ago. I mean I remember back then, I remember when chem strips first came along where it was two minutes for you to see around where your sugar was.

**Lower third:
Dorian Gregory
Actor, Charmed & Host, Soul
Train**

Mother Love

Did you always have control of your sugars?

Dorian Gregory

**Type 1 symptoms include
unexplained weight loss, excessive
thirst, & fatigue**

When I first became diabetic uhm.. I rebelled man. I rebelled for like 15 years. And when I stopped fighting it is when my life changed. You know, my career just became unbelievable because diabetes is not- is- you can't win against that, you've gotta make friends with it and you gotta do what you gotta do. And when I know the difference between when my sugars are 120 and I'm feel, I'm bouncing off the wall because I'm a naturally happy person versus when my sugars a 230 or 250 or 280 and I'm a little lethargic, I'm a little off point or my sugars are low and I'm a little cranky, a lot cranky, a little cranky, a lot cracnky <laughter> you know, and you can't reason with me, you know, that's the difference. So what motivates me day to day as far- is - is what I get out of diabetes when my life is on point and I just get a hunger to do everything and I'm happy.

**Lower Third:
5-10% of all people with diabetes
have type 1.**

**Lower Third:
30,000 Americans are diagnosed
with type 1 annually.**

J. Anthony Brown

Now, has it ever affected the way in- in terms of decisions you make in your career by having diabetes?

Interview in studio continues

Dorian Gregory

There's a lot of misconceptions about diabetes and

Lower Third:
The onset of type 1 is typically during childhood, but can occur at any age.

one of the- one of the- my primary objectives when I started in this business was to be an example for all the things that you were told that aren't necessarily true. You know, I was- I came along during a time when, you know, the- the coaches didn't want me to play, don't play- don't play sports. <overlapping conversation> Listen, I wanted to so bad and I mean we can go on for an hour, I wanna go- but I- I would uh..- I practiced with the team and then when it came down to the uh..- the- the medical testing, because you had to go through your physical, I quit because I didn't want them to find out 'cause I thought they were gonna say I couldn't play. I did that for baseball, I did that for football, I did all of that.

Mother Love

So you hid the fact that you had... How long did you hide the fact that you had- 'cause you are so open and animated about it.

Dorian Gregory

Now, I'm unbelievably open and- and I have- and I hid it like I said until uh.. I'd say 20- 20- 20 was when I came to terms with it.

J. Anthony Brown

What made you come to terms with it?

Dorian Gregory

When I started seeing was what- how it affected my mom, how it affected my dad. When I would wake up and- and uh..- and the- the paramedics were in my face, and my mom was just breaking down like nobody's business. And you have to understand that uh.. as the diabetic, you know, we got it rough but look at somebody you love and look at somebody you love who is- if- if something happened to them and you knew that if they just

Shot of audience members

Back to show guests and hosts

Shot of audience members

Shots of hosts and guests

did something different that that wouldn't happen to them. And there's nothing you can do to force them to do it. And when I looked at that, you know, I saw my mom, she was just like, she was nothing she could do, it's like my baby, my baby. And I'm like- I'm not responsible for that but I can do certain things to make it so this happens less often. Everybody's involved. You're involved, and your family's involved and- and your- your whole network is involved as far as the people that support you. And so be- be cognizant of that. And for- and forget all that. If you don't care about that, let's talk about for three days test 10 times a day and that's crazy, you know, your fingers are like cra- hurt and all that but test 10 times a day, get your sugars on point and see how you feel with one day of your sugars being at 120, you know, being between 80 and 120, see how you feel and once you feel that, see if you wanna keep that feeling. You know what I mean.

Mother Love

Yeah, you do. That's great.

Gregory Dorian

And you're going to be off point but always have that book to remember how that felt.

J. Anthony Brown

That was a good day right there yeah.

Nicole Johnson Baker

You're an activist. And you've done a lot of things to help people with diabetes. I'd love for you to tell us a little bit about that.

Dorian Gregory

If I can be an example on screen where you can-

you could tune in and say, oh, you know what, Dorian's still alive and doing his thing and he's happy then maybe- you know, maybe if I do this, this and that, then life will be good 'cause I've got what you've got, I understand. There's some rules that all diabetics have to follow but it's dictat- those rules are kind of dictated and altered a little bit based upon your makeup.

Mother Love

Right.

Dorian Gregory

And your doing.

Interview continues

Nicole Johnson Baker

What are your rules?

Dorian Gregory

Shot of Jim Turner

What are my rules? My rules are I know that I'm lazy, I know I'm forgetful, so I got timers. I've got five uh.. \$3 timers uh.. that- that are around and when I take my- when I'm- I have to eat like every three to four hours and I just set that- the timer.

Shots of hosts and guests in studio

When I do uh.. it's like, you know, 1 hour, 2 hour, 3 hour, 4 hour and it's on a countdown. When it goes off I know it's time to do my thing. I know I gotta test. You know, depending upon the day I test anywhere from a minimum of three times a day, minimum, but on the average six to eight.

**Lower Third:
Studies show frequent blood
glucose testing leads to better
control.**

And I gotta timer going off letting me know, you know, what I mean. And I got a- sometimes I got a backup timer for the timer because I ignore the first timer. And- because I know me.

Mother Love

Well Dorian, we wanna thank you so much for coming and opening up and sharing your dLife with us

Dorian Gregory

Any time.

Mother Love

Lower Third:
**For more tips and tricks for
managing diabetes visit dLife.com**

And when we come back we're gonna be joined by the lovely Aida Turturro to talk about diabetes and the movies. <audience applause>

(Commercial Break)

Back to show in studio

Nicole Johnson Baker

Lower Third:
Nicole Johnson Baker
Author, Miss America 1999

Well, in order to make advances in diabetes care and to fight discrimination against people with diabetes it is critical for society to understand this disease better. Movies are a huge part of our culture and can influence people's perception of diabetes reality or lack thereof. Here's a look at how some movies have portrayed hypoglycemic reactions in characters with diabetes.

Scene from The Godfather: Part III

Actor 1: What happen?

Actor 2: Is it possible that you could get me something sweet, some orange juice, anything, candy.

Actor: <speaks foreign language>

Actor 2: Diabetes

Scene from Steel Magnolias

Actress 1: Shelby, Shelby you need some juice. You need some juice.

Actress 2: Stop it mama.

Actress 1: Drink the juice.

Actress 3: Please drink the juice.

Actress 2: No, stop it mama. Hand me my purse.

Actress 1: No, you didn't bring your purse sweetheart, you didn't bring your purse. No you didn't.

Scene from Panic Room

Actress: Drink this. Drink lots of water. You dropped to the low 40s that means we just gotta get your blood sugar back up. Can you hear me okay?

Actress 1: Mom, I'm just a little dizzy, not deaf.

Back to show in studio

Nicole Johnson Baker

I mean I've had severe reactions where you can become very obstinate and I think people act different ways. So I mean that was a good thing that it showed that you can be- if- if you have a person with diabetes that's having a low and they're saying don't give me juice but you know something's wrong, don't listen to 'em.

Dorian Gregory

Give 'em juice. Right exactly.

**Lower Third:
Aida Turturro
Actress, The Sopranos**

It would be nice if in the movies, since people watch movies, if it could be a little clearer and a little bit helpful. I mean if you're going to do- it still can be dramatic, it would be nice to make those choices to be a little helpful. I mean she could- you know, that still could be possible is what you're saying right.

Dorian Gregory

**Lower Third:
Dorian Gregory
Actor, Charmed & Host, Soul**

Well what I'm saying is that I don't know, I mean these are- within the ballpark of yes, okay, accuracy. You know, because low blood sugar and

Train they'll give 'em something to bring it on up and her shaking and getting the sweats those things do happen and- and uh.. the first one was...

Nicole Johnson Baker

The Godfather.

Dorian Gregory

The Godfather. That was one billion percent on point I thought.

Aida Turturro

That was good.

Show continues in studio

Nicole Johnson Baker

**Lower Third:
Low blood sugar symptoms
include sweating, shaking,
dizziness, & hunger.**

I thought that was great. And then the- the problem with Steel Magnolias movie is you've got the woman Shelby who is pregnant, has diabetes and it prays on all of these fears and then she dies after having the baby.

J. Anthony Brown

**Lower Third:
Controlled blood sugar and
proper care reduce risk during
pregnancy**

You just gave away the ending.

Nicole Johnson Baker

I don't like that one.

Shot of audience members

J. Anthony Brown

That's a bad one.

Back to guests and hosts

Dorian Gregory

I tell you the problem with the films is the fact that you don't get the whole thing. You don't get the

whole story. You get this little snippet and then you- you get this mis- and that's the problem because we're- we have all this bad information because people are misunderstanding what they're seeing.

Nicole Johnson Baker

**Lower Third:
Film and television often confuse
high and low blood sugar.**

Well those movies showed what it was like to have low blood sugar. It's possible that other movies have dealt with denial and disclosure and we wanna take a look at what some of those clips look like.

Scene from Soul Food

Actress 1: Remember that time Bird almost burned the house down?

Actor 2: Big mamma your arm.

Actress 1: Mama.

Actress 3: Give me my butter baby.

Actress 1: You don't need butter, you need ice. Mamma, you ain't be taking your insulin?

Scene from Chocolat

Actress 1: Insulin shot. She has diabetes very advanced. She could be blind within a year.

Actress 2: Yeah, couldn't you call me a drug addict, it sounds a lot more glamorous.

Show hosts in studio

J. Anthony Brown

<overlapping conversation> The very first scene in the movie you see this long trail of pound cakes and sweet potato pie and fried chicken. And it was cooked- no and it's cooked by the lady...

Dorian Gregory

I'm not supposed to eat that?

J Anthony Brown

It's cooked by the lady who has diabetes <laughs>.

Aida Turturro

But that's the first point that mentions she has diabetes but nobody says- like they didn't - they say you didn't take your insulin, how about you're eating too much food, like you- okay, mom, you can have that one portion of uh...

J. Anthony Brown

Well she cooked all the food.

Nicole Johnson Baker

**Lower Third:
Ignoring diabetes care leads to complications, such as neuropathy.**

And what it was showing is little bit denial there. And- and then on the other side you've got the food police or the family police or the diabetes police or whoever you wanna call them, kind of hovering over.

Dorian Gregory

**Lower Third:
Early neuropathy symptoms, including numbness/tingling often go unnoticed.**

It's a weird thing here because yes the movies are providing all this information about diabetes and trying to give enlightenment but they're giving bad information which makes people go back more into the hole of like I don't wanna talk about it, I'm not gonna let you know, you know, and I'm not gonna take care of it. So it's a weird dynamic and the only thing that you can do is you can't rely on media, you can't rely on television, you gotta do your research. I mean this is one of great resources but you've got to do your research and don't rely upon just one avenue.

Aida Turturro

Good to put the word out to the people who do do movies. I mean, you know, it's great that you're bringing it up, do your research. I mean when they

do shows on uhm..- you know, medical shows, you know, they have a medical advisor there. If you're gonna put something in the movie, you know, make sure you know what you're talking about.

Nicole Johnson Baker

Lower Third:
For more on diabetes in the movies visit dLife.com.

We could go on and on and talk for such a long time about diabetes in the entertainment industry. They get a lotta things right but sometimes they get some things wrong so to see our full list of diabetes in the movies you can go to dLife.com. Next up dLife looks at how diabetes plays on the small screen. Stay tuned. <audience applause>

(Commercial Break)

Back to show in studio

Mother Love

Lower Third:
Mother Love
Author & TV Personality

Welcome back everybody. This is our chance to examine diabetes on TV other than dLife of course. For all of us who work in TV this comes close to home and TV has had its share of diabetes drama.

Jim Turner

Lower Third:
Jim Turner
Actor, Bewitched & HBO's Arli\$\$

I played a character on uh.. this show Arliss, uh.. who's this quarter back and it's funny he was only diabetic for one show. Uhm.. never referred to it again but uh.. they wanted to make me diabetic because I was. And I thought oh, that'll be great. And so I went in to the writer's room and I told a whole bunch of stories about all these different things that happen, you know, when you're diabetic. Just all- and one of the stories involved uh.. an insulin reaction so they wrote the script and the one- I'm an undetected diabetic, I'm doing all these things, just drinking coke like crazy and th- I'm sitting in- in the office and I'm sweating and they sweat- sweated me up so much it was literally pouring off of me. And I said but no, I said this isn't- this isn't what would happen. I- I- as an undetected diabetic I- the most I'd be kind a

clammy and kind of musty smelling. But it was like it's great drama. And so then I did it and when I did it it was like I'm doing a lie, this is a lie. But it was still nice- it was still nice that they wanted to do it but I- I wish that we'd done it better. And we actually have this, the sweating clip.

Scene from Arli\$\$

Actor 1: What's the matter with you? You're sweating like a priest at a cub scout meeting.

Actor 2: Godammit, are you sick? You should have taken that flu shot.

Actor 1: You didn't take your flu shot?

Actor 3: It's hot in here, I'm fine.

Actor 1: Well be sure you're fine Friday.

Actor 2: Yeah, try going to bed Thursday.

Shot of audience

Mother Love

Back to guests and show hosts

You explain to them what really happens i- in a diabetic's life and you were like un- an undetected person with diabetes and then for them to have you profusely sweating, that was like creative license.

**Lower Third:
Sweating is usually a symptom of low blood sugar, not high blood sugar.**

Jim Turner

Oh of course there is, there's always creative license. It's like, you know, if you- and- and that's the thing is it- well yeah, that is kind of funny and drama, I'm sweating and blah.

**Lower Third:
A person with undetected diabetes would exhibit symptoms of high blood sugar.**

Dorian Gregory

I don't think that - that it's a question of that they just straight up wanted to be funny and they didn't care. It's a question of you- it's- it's a complex disorder and they d- don't understand so they're mixing issues, they're mixing facts. And that's what television is, that's what Hollywood is, it's

Lower Third:

Be your own doctor. Seek information from all sources including a specialist.

what anything is, it's life heightened. And so...

Aida Turturro

Life heightened but still true.

Dorian Gregory

It's gotta be true but unfortunately you're getting this concentrated bit of life and so you don't see all the back story.

Show continues in studio

Mother Love

Now, you remember the Seinfeld episode in which Elaine's 60-year-old friend passed out and they called the ambulance and then tried to revive him with a cookie. This is a classic Seinfeld.

Scene from Seinfeld

Actor 1: Hey, you know what, maybe he's a diabetic, he might just need a cookie or something.

Actress: Oh, a cookie.

Actor 2: Can you give him a cookie?

Actress: How's he gonna chew it?

Actor 1: We'll move his teeth, it happened to my uncle. The- the sugar revived him.

Shot of studio audience

Mother Love

Back to show hosts and guests

**Lower Third:
Extremely high or low blood sugar can lead to a loss of consciousness.**

Because it was ridiculous and it was funny and they did it for the comedy, you know, and most people who don't have diabetes and they're limited- you know, information about it they think eat a cookie, you know, just give 'em something sweet.

Aida Turturro

Well at least they tried, at least they tried, you know. It was funny and they were...

Jim Turner

It's purposely silly but again, it's just total misinformation. And that's- you don't wanna be just a PC ass and go oh, you can't do that.

Mother Love

We're gonna see a series of clips from shows and how they deal with diabetes.

Scene from Playmakers

Actor 1: Gateway says I got diabetes. He ran the test twice. Came back both times positive. Says I gotta lose weight.

Actor 2: You should take his advice very seriously.

Actor 1: I do, that's why I'm trying to get you to see that we have other options.

**Lower Third:
Overweight is defined as a BMI of
25 or greater.**

Actor 1: Look around. Think any of these guys are trying to get smaller. Players are exploding these days, the bigger they get the more health problems they get: arthritis, joint damage, high cholesterol, high blood pressure, diabetes.

Scene from Scrubs

Actress 1: Well, Carla calls you her superman and you love that. But the diabetes makes you feel vulnerable and you're afraid if you're open to her about it then you won't be her superman any more.

Actor 2: Yeah.

Shot of studio audience

Dorian Gregory

**Shots of show hosts and guests in
studio**

In relationships man, you wanna be that strong thing. I mean I've gone through it in my life. I'm better at it now and as far as- you know, I can't wear the cape all the time and I do have this and we have to take- take this into consideration but as

Lower Third
Talking about your diabetes leads to better attitude and control.

a man you wanna be like, you know what girl, no matter what I'm there for you, you know. No matter what you- you can count on me and- and you feel with the diabetics- the- the diabetes that, you know, there's that vulnerability, I gotta do this, I gotta do that. What if my- what if my sugar goes lower, what if my sugar's too high what's gonna happen to me in the future. All that stuff man, and you gotta get over that and that's what- what I- what I'm loving like in the last three to five years with all this information about diabetes, what I'm loving is the fact because with that people are more embracing. It's okay now.

Mother Love

I wanna thank you guys for coming. I really do, thank you.

Dorian Gregory

Girl, I miss you.

Mother Love

Lower Third:
Hear more from Dorian Gregory at dLife.com.

When we return, a diabetes tip from Poison's lead singer, Bret Michaels. We'll be right back.

(Commercial Break)

Bret Michaels

Bret Michaels

Lower Third:
Bret Michaels
Rock Star, Type 1 Diabetes

As a fellow diabetic, I wanna say this out there very sincere from my heart. I have been diabetic since I've been 6 years old, I went through a very tough time in my teens and- and the way that I got over it and the way that I advise you that could help, is to accept the fact that you are diabetic, let everyone around you know that, be proud of who you are and- and what you are. And- and don't hide it. Go out there and say this is what I gotta deal, this is what I gotta do and- and the good friends and good people around you they- they are

gonna respect you and help you out.

Back to show in studio

Mother Love

**Lower Third:
Hear more from our hosts and
today's guests on dLife Backstage
Podcasts at dLife.com.**

That's great advice from Bret Michaels from
Poison. That's all the time we have for this week.
We had a great time with our special guests Aida
Turturro and Dorian Gregory. And remember, it's
your dLife, you are responsible for your diabetes
life. We will see you next week.

**Lower Third:
dLifeTV, Sunday Nights 7PM ET,
4PM PT**

**Lower Third:
To order a copy of any episode of
dLifeTV visit
www.dlife.com/orderdlifetv.**

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Closing titles

Nicole Johnson Baker

Remember, we're not role models, we're people
living with diabetes just like you. What we do and
how we manage may work for us but everyone is
different and you have to work with your diabetes
caretaker to find out what's best for you.
Remember, it's your dLife. There's no substitute for
getting control of it.

**Caption:
Welcome Ava Grace Baker**

**Picture of baby
Congratulations Nicole!**

LifeMed Media graphic