

TIMECODE

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	<b>dLife opening logo</b>	<b>VO 1</b>  <b>dLifeTV, the only show for your diabetes life. Packed with information, insights, cooking and real stories about real people. dLife brings it all together to help you live a healthy diabetes life.</b>
	<b>Montage of clips of soldier</b>  <b>Graphic simulation of surgery</b>  <b>Montage of clips of restaurant</b>	Nicole Johnson VO  Today on dLife, a U.S. soldier with an unyielding desire to serve his country, refusing to be sent home because of his diabetes. And, have you considered surgery as a way to lose weight? Is it a viable option for people with diabetes? Plus, a visit to a diabetes-friendly restaurant called A Touch of Sugar.
	<b>Host in studio</b>  <b>Card:</b>  <b>Nicole Johnson</b> <b>Type 1 Diabetes</b> <b>Miss America 1999</b>	Nicole Johnson  Welcome to dLife, your source for a healthy diabetes life. I'm Nicole Johnson. Sgt. Mark Thompson has never been afraid to fight. He joined the Army to help defend his country. He was diagnosed whether diabetes before his tour of duty finished. But he refused to let it hold him back. dLife caught up with Sgt. Thompson at Fort Jackson in South Carolina to hear about his battle with diabetes, both here at home and during his time fighting the war in Iraq.
	<b>Montage of clip sort of Sgt. Mark Thompson</b>	Hi, I'm Sergeant First Class, Mark Thompson. I love being a soldier.
	<b>Montage of video clips of Sgt. Mark</b>	Nicole Johnson  Mark Thompson dreamed of becoming a soldier

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	<b>Thompson</b>	since he was five years old. Young, healthy and extremely motivated, Mark achieved his dream and moved through the ranks quickly. He loved the camaraderie, the diversity, even the rules. But his life as a soldier was threatened when he was hit with diabetes.
	<b>Interview with Mark Thompson</b>	Mark Thompson  They told me "...because of this medical condition, we're pretty sure you're gonna be kicked out of the Army," and I no longer had a choice. And I volunteered to serve my country, now they're saying you have to get out.
	<b>Montage of video clips of Mark Thompson</b>	Nicole Johnson  At the time, Mark knew nothing about diabetes. But with his career and lifelong ambition on the line, he knew he needed to learn, and fast.
	<b>Montage of video clips of Mark Thompson</b>  <b>Interview with Mark Thompson</b>	Mark Thompson  So I delved into research and found that so long as I proved to them that I could still be a soldier, so long as I kept my blood sugars at the appropriate level and not be a medical risk, then I could stay in and continue to serve.
	<b>Montage of video clips of Mark Thompson</b>	Nicole Johnson  Mark proved this was a fight he was going to win. With constant testing and the help of an insulin pump, he brought his A1C down to six, where it has stayed consistently. He was allowed to keep serving. But life as a soldier would not be the same.
	<b>Montage of video clips of Mark</b>	Mark Thompson When I was diagnosed, I was in the combat arms

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	<p><b>Thompson</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>field, I was a Bradley Commander on the forward front lines of the battlefield. As a diabetic, I couldn't do it.</p>
	<p><b>Plaque on wall</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>Mark Thompson VO</p> <p>So by changing my specialty to become a career counselor, I knew that I was actually gonna be able to stay in.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p>	<p>Mark Thompson in video</p> <p><i>Alright this morning, we're gonna talk about eligibility.</i></p>
	<p><b>Montage of video clips of Mark Thompson</b></p>	<p>Nicole Johnson</p> <p>He was out of the line of fire, but being a soldier is still more of a risk when you have diabetes.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p> <p>&lt;card&gt;</p> <p><b>MSG Sean Lanegan</b></p> <p><b>Mark's Supervisor</b></p> <p>&lt;end card&gt;</p> <p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Sean Lanegan</b></p> <p><b>Montage of video clips of Mark Thompson</b></p>	<p>Dean Lanegan</p> <p>When he tells us what the potential hazards of him going into a- a diabetes coma or something like that, it- it scares us. I- I know at one time we were training soldiers out in the field, and he just became like real hyper and stuff like that uh.. and then he told us "Hey look, I- I need to eat." And that was when me and the other instructors just stopped and we got him something to eat. So it's a little bit scary at times, but I- I think we're all prepared for it and we, you know, we watch out for him, but usually he takes care of himself.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p>	<p>Nicole Johnson</p>

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		<p>Concern over Mark's diabetes led the Army to decide he should not go to Iraq when his unit was deployed. But Mark had other intentions.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>Mark Thompson</p> <p>If the Command had told me that they needed my expertise in the rear, then I would have been able to accept it. But instead, they told me that it was diabetes was the reason, and that to me became a battle to win.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>VO Mark Thompson</p> <p>So online, they had a message board where I was able to communicate with other diabetics, post questions, what would I do with diabetes in a very hot environment, in a sandy environment. So I went to uh.. the top medical officer and laid out everything; what diabetes meant, what complications were going to arise in a deployed environment, and all of my backups to counteract those complications.</p>
	<p><b>Montage of video clips of Mark Thompson</b></p>	<p>Nicole Johnson</p> <p>Mark convinced the army that he was healthy enough to be deployed, but his wife wasn't so sure.</p>
	<p><b>Montage of clips of Mark's family</b></p>	<p>Nicole Johnson VO</p>

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		She was concerned about him being in a war zone with diabetes.
	<p><b>Card</b></p> <p><b>Beth Thompson</b></p> <p><b>Mark's wife</b></p> <p><b>Interview with Beth Thompson</b></p> <p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Beth Thompson</b></p>	<p>Beth Thompson</p> <p>I felt angry that they could possibly send uhm.. someone with his condition into those conditions. I didn't think they understood that- that it was such a serious thing.</p>
	<b>Interview with Mark Thompson</b>	<p>Mark Thompson</p> <p>I needed to prove something to myself, that diabetes was not gonna stop me from being who I wanna be.</p>
	<b>Montage of video clips of Mark Thompson</b>	<p>Mark Thompson VO</p> <p>I deployed on a temporary status. Uhm.. my Sgt. Major was given the right to send me home at any given moment if he thought that my diabetes was going to be a problem.</p>
	<b>Montage of video clips of Mark Thompson</b>	<p>Nicole Johnson</p> <p>Mark's preparations and backup plans faced a big challenge soon after he arrived in Iraq-- his insulin pump broke.</p>
	<b>Video clip of Mark Thompson</b>	<p>Mark Thompson</p>

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		<p><i>The weight of the body armor that we had to wear with water, plus the- the rounds that you're gonna carry for your M-16, approximately 55 to 60 pounds total, actually crushed it.</i></p>
	<b>Interview with Mark Thompson</b>	<p>Mark Thompson</p> <p>It was just a bad day, 'cause I had the concern of maybe everybody was right, maybe I couldn't deploy.</p>
	<b>Montage of video clips of Mark Thompson</b>	<p>Nicole Johnson</p> <p>Heavy fighting at the time delayed mail delivery, so Mark had to wait more than a month before his new pump arrived. He had to switch back to needles.</p>
	<p><b>Interview with Mark Thompson</b></p> <p><b>Clip of Mark preparing a needle</b></p>	<p>Mark Thompson</p> <p>That was a scary event, because I hadn't been on needles for five years. And I unfortunately didn't have enough needles with me, so I went to the medics and they gave me regular needles. Every shot hurt. At one point I gave myself 14 shots in one day uh.. just to make sure my blood sugar was controlled.</p>
	<b>Montage of video clips of Mark Thompson</b>	<p>Nicole Johnson</p> <p>The emotional turbulence of war also challenged Mark's diabetes management.</p>
	<b>Montage of video clips of Mark Thompson</b>	<p>Mark Thompson</p>

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	<p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Mark Thompson</b></p> <p><b>Montage of video clips of Mark Thompson</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>A lot of the situations we had were stressful, a lot of it was from seeing things that you don't ever wanna see. Long periods of being on watch, of waiting for that worst moment to happen, and having it not ever happen initially will increase the blood sugar and then it'll bring it down, for me. There was a lot of sleep deprivation uh.. having the heightened awareness for potential roadside bombs uh.. looking for potential threats. Your brain just is so focused that you don't have the opportunity to realize what your body's going through as a diabetic. So I definitely couldn't tell when my highs were, because there were some frustrating moments over there. There were some seriously emotional moments over there, to where I had no clue what my sugar was. So I was checking my blood sugar a lot in Iraq. But I needed to, in order to make sure that I wasn't going to be a casualty of diabetes to where I was gonna take somebody else out of the fight.</p>
	<p><b>Clip of Mark with son</b></p> <p><b>Interview with Mark Thompson</b></p> <p><b>Montage of video clips of Mark with son</b></p>	<p>Mark Thompson VO</p> <p>I did not ever wanna give up and quit and go home. Because if I did, I would have felt like the diabetes would have won. And that was a goal that I had, not only to prove to myself that I could still be a soldier as a diabetic, but also I felt that I would let my family down if I was not able to be 100 percent.</p>
	<p><b>Shot of Bronze Star</b></p> <p><b>Interview with Mark Thompson</b></p>	<p>Mark Thompson VO</p> <p>And not only did I make it the full 12 months, but I was also given the Bronze Star for what I did there. When I retire from the Army, I do plan on going into the medical field. Uh.. I've been-- I have wanted to be a nurse for a long time, as a stepping stone now</p>



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	<b>TV/Radio Personality</b>	One-third of American adults are now obese, and the excess weight contributes to serious health problems including diabetes, heart disease, high blood pressure and high cholesterol. One treatment for obesity that's becoming more and more common is bariatric surgery, also known as gastric bypass.
	<b>Dr. David Lourie in studio</b>  <b>Mother Love</b>	Mother Love VO  Joining me today is Dr. David Lourie, a renowned bariatric surgeon from Los Angeles, California, who also performed my bariatric surgery. Dr. Lourie, thank you today for joining us.
	<b>Dr. David Lourie</b>	Dr. David Lourie  My pleasure, Mother Love.
	<b>Mother Love</b>	Mother Love  So now, can you tell us all what is bariatric surgery?
	<b>Interview with David Lourie</b>	David Lourie
	<b>Interview with David Lourie</b>  <b>Card</b>  <b>David Lourie, M.D.</b>  <b>Director of Bariatric Surgery</b>  <b>Huntington hospitable, Pasadena, CA</b>	David Lourie  Well bariatric surgery is weight loss surgery. And this type of surgery is generally re- reserved for people that have the most severe types of obesity-- usually people that are 100 pounds or more over their ideal body weight.

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	<b>Interview between Mother Love and Dr. David Lourie continues</b>	<p>Mother Love</p> <p>Well can you please explain the specific surgery that you perform?</p>
		<p>David Lourie</p> <p>Sure. The surgery that I perform is called a gastric bypass or a stomach bypass surgery.</p>
	<b>Graphic simulation of surgery</b>	<p>David Lourie</p> <p>What I do is I partition off and make a small pouch out of the upper part of the stomach, and that part of the stomach is the only part that a patient will be able to drink or eat food with for the rest of their life. The rest of their stomach, which is generally the size of a football or so, is completely bypassed out of the system.</p>
	<p><b>Card</b></p> <p><b>In 2006, an estimated 177,000 Americans with morbid obesity had bariatric surgery.</b></p> <p><b>Graphic simulation of surgery</b></p>	<p>David Lourie</p> <p>Now, we have to get that food to go down and be digested in the rest of the body, and that happens through the small intestine.</p> <p>So we also cut or divide the small intestine downstream, bring one part of the small intestine up and sew it to the pouch so it drains the stomach pouch, and the other part of the intestine we bring up as a second portion to drain the main bypass stomach.</p>

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	<b>Interview between Mother Love and Dr. David Lourie continues</b>	Mother Love  Who's a candidate for this surgery?
	<b>Lower Third:  Approximately 1.5 million people in the U.S. are morbidly obese.</b>	Dr. David Lourie  You need to have a body mass index of 40 or higher to have the surgery. Normal body mass index is about 20 to 25. In someone with severe health problems such as diabetes, those standards by the National Institutes of Health and most insurance companies and most legitimate bariatric surgeons, can be now lowered to a body mass index of 35, which means that you would be approximately 70 to 75 pounds over your ideal body weight, and still be able to be a candidate if you already had diabetes on medication.
	<b>Interview between Mother Love and Dr. David Lourie continues</b>	Mother Love  Does the insurance company cover that cost?
		Dr. David Lourie  About 90 percent of insurance companies will pay for the surgery. They recognize that this surgery pays for itself within a few years; that the health cost, the hospitalizations, the spending thousands of dollars on medications uhm.. are dramatically reduced or go away after someone's had this surgery.
		Mother Love  So now what is the success rate of this procedure?
		Dr. David Lourie

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		Over 90 percent of our patients lose massive amounts of weight; I'm talking about 100 to 200 pounds depending on how heavy they were to start with.
	<b>Card:</b>  <b>While Type 2 cannot be cured, symptoms might be resolved.</b>	Dr. David Lourie  And there's an over 90 percent cure rate of all the different health effects or side effects that are associated uh.. as health problems with the weight.
	<b>Interview between Mother Love and Dr. David Lourie continues</b>	Mother Love  What's the average recovery time for a bariatric surgery?
	<b>Graphic simulation of laparoscopic surgery</b>	Dr. David Lourie  For the type of surgery that I do, which is laparoscopic surgery, doing this major surgery on the inside through little puncture incisions instead of a large incision, most of our patients will go home the next day.
	<b>Interview between Mother Love and Dr. David Lourie continues</b>	Dr. David Lourie VO  Most of our patients usually go back to work in about one to three weeks after that.
		Mother Love  Are there any disadvantages to having gastric

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		bypass surgery?
		<p>Dr. David Lourie</p> <p>Well, gastric bypass surgery is definitely a major operation. We're completely rerouting someone's plumbing on the inside, and we're starting with a group of people that already have a lot of health problems being massively overweight. Uhm.. so it's very important for patients that are looking at this surgery to very carefully research their doctors and the programs, the comprehensive programs that do bariatric surgery</p>
		<p>Mother Love</p> <p>Do you think that this is a last resort for people?</p>
	<p><b>Lower Third:</b></p> <p><b>Patients typically undergo psychological evaluation prior to bariatric surgery</b></p>	<p>Dr. David Lourie</p> <p>It is a last resort in the sense that we definitely want people to have tried many other things besides surgery, this shouldn't be the first thing they try. On the other hand, uh.. it's very clear from study after study after study that people once they get 100 pounds over ideal body weight, it's different than somebody that- that is, you know, 15 or 30 pounds over ideal body weight. It's a different disease altogether and it's life threatening and in fact, the success rate with anything but surgery is less than 2%.</p>
	<p><b>Interview between Mother Love and Dr. David Lourie continues</b></p>	<p>Mother Love</p> <p>I thank you so much for coming, and sharing with us.</p>
		<p>Mother Love</p>

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	<p><b>Lower Third:</b></p> <p><a href="http://www.dLife.com/weightloss">www.dLife.com/weightloss</a></p>	<p>For more information on weight control and diabetes, visit <a href="http://dLife.com/weightloss">dLife.com/weight loss</a>.</p>
	<p><b>dLife logo</b></p>	
	<p><b>Video clips of upcoming segment</b></p>	<p>Mother Love VO</p> <p>Up next, he's a ten-time Olympic medalist, five of them gold. The incredible diabetes success story of Gary Hall, Jr. when we return.</p>
	<p><b>Nichole Johnson in Studio</b></p> <p><b>Card</b></p> <p><b>Nicole Johnson</b>  <b>Type 1 Diabetes, Miss America</b>  <b>1999</b></p>	<p>Nicole Johnson</p> <p>Gary Hall, Jr. is ten-time Olympic medalist who hopes to defend his title as the world's fastest swimmer in Beijing in 2008. He serves as a role model and advocate to all of us with diabetes. dLife caught up with him in Isalamorada, Florida.</p>
	<p><b>dLife logo</b></p>	
	<p><b>Video clips of Gary Hall, Jr.</b></p>	<p>Gary Hall, Jr.</p> <p>Being around a swimming pool is always uh.. a second home to me. I was swimming before I could walk.</p>
	<p><b>Video clips of Gary Hall, Jr.</b></p> <p><b>Lower Third:</b></p> <p><b>Gary Hall, Jr.</b></p> <p><b>World Champion Swimmer</b></p>	<p>Gary Hall, Jr. VO</p> <p>I qualified for uh.. the '96 Olympics in both the 50 and the 100 meter freestyle, and uh.. they also put me on a couple of relays.</p>

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	<b>Type 1 Diabetes</b>	
	<b>Video clip of Gary Hall, Jr. at Olympics</b>	Announcer  <i>And the Americans pull it off in Olympic record time. &lt;crowd cheering&gt;</i>
	<b>Interview with Gary Hall, Jr.</b>  <b>Video clips of Gary Hall, Jr. .</b>	Gary Hall, Jr.  I was in between the '96 and 2000 Olympics, and I would start shaking uncontrollably during swim practice. I'd have to pull myself out of the water, and- and I was weak and dizzy and I'd have to drink a lot of Gatorade. I figured that there was something probably wrong.
	<b>Interview with Gary Hall, Sr.</b>  <b>Video clips of Gary Hall, Jr.</b>	Gary hall, Sr.  And he was just feeling terrible, so we took him down to a doctor and he said well let's do some tests, and he drew some blood.
	<b>Card</b>  <b>Gary Hall, Sr.</b>  <b>Olympic Swimming Medalist</b>  <b>Gary's Father</b>	Gary Hall, Sr. VO  He looked at the strip, he said "Gary's got diabetes."
	<b>Interview with Gary Hall, Jr.</b>  <b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr.  I remember hearing the word diabetes in the doctor's office when I was diagnosed, and the exhale, I remember it so clearly; it was more than just breath leaving my body. I knew it was serious. And I was told that day by not one but two doctors uhm.. the diagnosing doctor and later an

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	<b>Interview with Gary Hall, Jr.</b>	endocrinologist that my swimming career would be over.
	<b>Interview with Gary Hall, Sr.</b>	Gary Hall, Sr.  And I just remember Gary getting this really, really depressed look on his face, like how can this be.
	<b>Interview with Gary Hall, Jr.</b>  <b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr.  My father had sought out a different endocrinologist that was supportive. That little bit of encouragement was enough to give me a reason to try.
	<b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr. VO  At that point I wasn't sure that I could be as fast as I was before I was diagnosed with diabetes. There was struggles. Anybody that has diabetes is gonna struggle with it.
	<b>Card</b>  <b>Jon Olsen</b> <b>Olympic Gold Medalist</b> <b>Swim Coach</b>  <b>Video clips of Gary Hall, Jr.</b>	Jon Olsen  I knew it would have to, you know, entail huge changes for him. So it was a definite complete lifestyle change to learn about the risks of the disease, but also how to take care of himself and deal with the amount of food and nutrition that he needed to keep up the training that he wanted to do.
	<b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr.  I had to constantly make changes through this time of trial and error, but I was able to do it.
	<b>Card:</b>  <b>Sydney 2000</b>  <b>Gary Hall, Jr.</b> <b>Wins Gold Medal</b> <b>50 meter Free Style</b>	

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	<b>Video clips of Gary Hall, Jr.</b>	
	<b>Magazine cover:</b>  <b>Beating The Odds</b>  <b>Gary Hall, Jr.</b>	
	<b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr.  I went to the Olympic games in 2004, defended the title as World's Fastest Man in the 50 freestyle.
	<b>Video clip of Gary hall, Jr. swimming at Olympics</b>	<crowd cheering> Announcer  <i>Gary Hall's in lane number two, he's gotta get going right now, he's gotta make a lap right this second.</i> <inaudible> <i>Hall with the Gold, for the second straight Olympics.</i>
	<b>Interview with Gary Hall, Jr.</b>  <b>Video clips of Gary Hall, Jr.</b>	Gary Hall, Jr.  Now I have ten Olympic medals, and the majority of them were won with diabetes. I've decided to give the 2008 Olympics to be held in Beijing a try. I'm still really fit, swimming fast. You know, if you take care of this, the sky's the limit. Diabetes doesn't have to stand between you and your dream.
	<b>dLife logo</b>	
	<b>Nicole Johnson in studio</b>  <b>Lower third:</b>  <b>www.dLife.com/athletes</b>	Nicole Johnson  To learn more about well-known athletes living with diabetes, visit us online at dLife.com/athletes
	<b>dLife title</b>	
	<b>Video clips of upcoming segment</b>	Nicole Johnson VO  When we return, dining healthy in a diabetes-

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		friendly restaurant.
	<b>dLife title</b>	
	<b>Mother Love in studio</b>  <b>Lower Third</b>  <b>Mother Love</b> <b>dLife Correspondent</b>  <b>Type 2 Diabetes</b>	<p>Mother Love</p> <p>Welcome back. dLife is not only about celebrities and heroes, we also bring you real stories about real people living with diabetes. Today's story is from Pat LeGrand, who brings A Touch of Sugar to the diabetes community where she lives.</p>
	<b>dLife title</b>	
	<b>Pat LeGrand in Restaurant</b>  <b>Card</b>  <b>Pat LeGrand</b>  <b>Restaurateur, Daughter of Type 2</b>	<p>Pat LeGrand</p> <p>My name is Pat LeGrand, I'm the owner and chef at A Touch of Sugar, located in Cleveland, Ohio.</p>
	<b>Photo of Pat Legrand's mother and father</b>  <b>Photo of Pat LeGrand and daughter</b>	<p>Pat LeGrand VO</p> <p>My mother has diabetes, my father has diabetes, my 15-year-old daughter is a pre-diabetic.</p>
	<b>Interview with Pat LeGrand</b>  <b>Video clips of Pat LeGrand</b>	<p>Pat LeGrand</p> <p>Well, my life changed after my mother's diagnosis for diabetes and my daughter's, because I had to cook differently. And out of sheer desperation, I learned to cook for a diabetic.</p>
	<b>Video clips of Pat LeGrand</b>	<p>Pat LeGrand</p> <p><i>Gotta get the flavor from somewhere other than salt.</i></p>

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	<p><b>Video clips of Pat LeGrand cooking</b></p> <p><b>Interview with Pat LeGrand</b></p> <p><b>Clip of patrons in the restaurant</b></p>	<p>Pat LeGrand</p> <p>After I did this for about two years, I decided to open my own business with a restaurant that specialized in diabetic cuisine uh.. but it had to taste good. Be very healthy, but be very tasty.</p> <p><i>Mmm, good!</i></p>
	<p><b>shot of restaurant sign in window</b></p> <p><b>A Touch of Sugar</b></p> <p><b>Interview with Pat LeGrand</b></p> <p><b>Video clips of Pat LeGrand</b></p>	<p>Pat LeGrand</p> <p>The name A Touch of Sugar is a southern term that people in the deep south use. They don't call diabetes diabetes, they call it sugar.</p>
	<p><b>Interview with Pat LeGrand</b></p> <p><b>Interview with Pat LeGrand</b></p>	<p>Pat LeGrand</p> <p>When I'm not at the restaurant, the community activities I'm involved with include nutritional talks.</p>
	<p><b>Pat LeGrand giving a talk</b></p>	<p><i>If you keep doing the Big Mac thing, you won't know yourself in ten years. Yeah.</i></p>
	<p><b>Interview with Pat LeGrand</b></p>	<p>Pat LeGrand</p> <p>A lot of cooking demonstrations.</p>
	<p><b>Pat LeGrand giving cooking demonstration</b></p>	<p><i>Use your veggies; save those leftover vegetables, they make a marvelous vegetable lasagna.</i></p>
	<p><b>Montage of video clips of Pat LeGrand</b></p> <p><b>Interview with Pat LeGrand</b></p>	<p>Pat LeGrand</p> <p>If we change how America cooks, we will change how America eats. And that's why it's- it's so important to touch the young people. Uh.. they're at risk, plus the future of cooking is in their hands.</p>
	<p><b>Clip of picture being taken</b></p>	<p><i>Cheese!</i></p>

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	<b>dLife title</b>	
	<b>Clips of upcoming segment</b>	Mother Love  Coming up, our Jim Turner says it's a day he'll never forget.
	<b>dLife title</b>	
	<b>Nicole Johnson in studio</b>  <b>Card</b>  <b>Nicole Johnson</b>  <b>Type 1 diabetes</b>	Nicole Johnson  A baby's birth, your first kiss, a diabetes diagnosis. Everyone has life moments that they'll remember forever. Our own Jim Turner takes a stroll down memory lane.
	<b>Clip of blood sugar level being checked</b>	<music>
	<b>Man 1</b>	May 6, 1974.
	<b>Woman 1</b>	October 8, 2006.
	<b>Woman 2</b>	February 4, 1984.
	<b>Jim Turner in office</b>  <b>Card</b>  <b>Jim Turner</b>  <b>dLife Correspondent, Type 1 Diabetes</b>	Jim Turner  There's a handful of events in life that you remember with absolute clarity.

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	<b>Simulated earthquake</b>	Jim Turner  Every earthquake I've ever been in.
	<b>Jim Turner sick in bed</b>	Jim Turner VO  November 23, 1963. I was home sick when President Kennedy got shot, and I spent the day in bed, listening to the radio.
	<b>Jim Turner holding a baby</b>	Jim Turner VO  October 2, 1991. The birth of my son.
	<b>Jim Turner in office</b>	Jim Turner VO  But one of the biggest days of my life was February 9, 1970; the day that came after months of drinking gallons and gallons of water, and peeing an unending stream and eating everything I could get my hands on. And with a blood sugar of 1,500, I was told that I had diabetes. I think most people remember the exact date and circumstances of their diagnosis.
	<b>Woman 3</b>	December 10, 1984
	<b>Woman 4</b>	<Spanish> Primero de Julio de dos mil dos.
	<b>Jim Turner in office</b>	Jim Turner  Some were rushed to the hospital in an ambulance in a coma, some were just tying up the bathroom too long. And some had their Hawaiian vacations interrupted. But all of us had our lives interrupted.
	<b>Woman 3</b>	I was nauseous, I was peeing a lot, I was exhausted. I thought I was pregnant.
	<b>Man 2</b>	December 7, 2003. I passed out on the air during an interview.

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	<b>Ileana Douglas outside holding a dog</b>	Ileana  It was August 17, 1969.
	<b>Camera pans to Jim Turner</b>	Jim Turner  Oh my goodness, Ileana, I- I didn't realize that you had diabetes.
	<b>Ileana and Jim continue talking</b>	Ileana  No, no, August 17, 1969 was the day that I saw my first movie, Paint Your Wagon. My grandmother took me to see it at Radio City Music Hall, which was incredible enough. But then to see all these people in the movie; Lee Marvin and Clint Eastwood... <voice trails out>
	<b>Jim Turner in the forefront</b>	Jim Turner  A lot of people don't get it. But those of us in the club know, it's the day that changes your life permanently, forever.
	<b>Nicole Johnson in studio</b>  <b>Card</b>  <b>Hear more from today's guests on dLife Backstage Podcasts at www.dLife.com</b>	Nicole Johnson  Well, that's all the time we have. We'll be back again next week with another edition of <i>dLifeTV</i> , to inform, inspire, and connect for a healthy diabetes life.
	<b>dLife is produced by LifeMed Media and does not represent the views or opinions of CNBC, Inc.</b>	
	<b>Closing credits</b>  <b>Nicole Johnson in upper right</b>	Nicole Johnson  Remember, we're not role models, we're people living with diabetes just like you. What we do and how we manage may work for us, but everyone is different, and you have to work with your diabetes care team to find out what works best for you.

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	Remember it's your diabetes, and there's no substitute for getting control of it.