

TIMECODE	VISUALS	AUDIO
	<p>GFX Center</p> <p>dLife For Your Diabetes Life!</p> <p>Play Show 193</p> <p>Show opener GFX</p>	
	<p>Nicole Johnson, in studio</p>	<p>Nicole Johnson</p> <p>Today on dLife: how testing in pairs can lead to surprising diabetes revelations.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	
	<p>Robert Stambovsky with airplane</p>	<p>Nicole Johnson</p> <p>And we'll take to the air with a veteran Marine Corps flyer who won't let diabetes keep him down.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	
	<p>Nicole Johnson</p>	<p>Nicole Johnson</p> <p>Also, we'll hear from two devoted moms who started one of the world's largest fundraising groups.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	
	<p>Nicole Johnson</p> <p>Lower Third:</p> <p>NICOLE JOHNSON Diabetes Since 1993, Miss America 1999</p>	<p>Nicole Johnson</p> <p>Welcome to dLife, your source for a healthy diabetes life. Blood glucose testing can tell us so much. But we don't always listen. Noted diabetes expert Dr. William Polonsky has a unique method of testing that can lead to better diabetes management.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	

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	<p>Montage, crowd outdoors</p> <p>Dr. William Polonsky - Interview</p> <p>Lower Third:</p> <p>WILLIAM POLONSKY, PhD, CDE Assoc. Clinical Prof., UC, San Diego</p>	<p>Dr. William Polonsky</p> <p>For many folks with diabetes, actually, blood glucose monitoring is a de-motivating experience.</p>
	<p>Close up -- finger prick glucose check</p> <p>Dr. William Polonsky - Interview</p> <p>Close up -- finger prick glucose check</p>	<p>Dr. William Polonsky</p> <p>It makes them feel even worse about dealing with their diabetes. It makes them feel like why should they even bother? Especially when they're poking their fingers and seeing numbers that they don't understand, don't know what to do about.</p>
	<p>Eugene Goldman with Dr. Polonsky</p> <p>Lower Third:</p> <p>EUGENE GOLDMAN Diabetes Since 1999</p>	<p>Eugene Goldman</p> <p>Why? Why am I doing this? Why am I sticking myself with a- with a needle and pulling blood out, and I don't like to have blood leave my body?</p>
	<p>Dr. William Polonsky - Interview</p> <p>Dr. Polonsky walks towards and enters his office</p> <p>Animated chart of paired glucose testing</p>	<p>Dr. William Polonsky</p> <p>And so our goal is to really rethink this. How can we help to reframe and restructure blood glucose monitoring so it doesn't make people feel worse, but in fact, becomes a motivational experience. And that's when we began to put forward this idea of testing in pairs. Testing not single tests, but pairs of tests so that people could actually begin to see that their personal actions were really having an immediate effect.</p>
	<p>Dr. William Polonsky - Interview</p> <p>Lower Third:</p> <p>WILLIAM POLONSKY, PhD, CDE CEO, Behavioral Diabetes Institute</p> <p>Animated chart of paired glucose testing record</p>	<p>Dr. William Polonsky</p> <p>And I'm hoping this idea of just testing in pairs and doing it consistently over time is going to help them to uncover patterns that will help them to see how their own actions are influencing their blood sugars, and I bet automatically will give them ideas about what- what positive actions they're gonna want to take in the future.</p>
	<p>Selena enters Dr. Polonsky's office</p>	<p>Selena Rauenzahn: Hello</p> <p>Dr. William Polonsky: Hi, Selena.</p>
	<p>Dr. Polonsky in office with Eugene and Selena</p>	<p>Dr. William Polonsky</p> <p>So we'll be seeing two patients today. And I actually</p>

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	Dr. Polonsky -- Interview	asked them to consider some event they would like to investigate and to check their blood sugars immediately before and then afterwards, and to do that consistently for seven days in a row and write down the results.
	Silhouette, woman walking outdoors Selena in Dr. Polonsky's office	Selena Rauenzahn I chose to do exercising at least 20 minutes a day for uhm.. a week. And I did that because I hate exercise. But doing this would help me do it every day.
	Eugene in Dr. Polonsky's office	Eugene Goldman I- I've been on the medication almost two years. And I wanted to see if it was working as well for me today as it was when I first got put on it.
	Selena Rauenzahn with Dr. Polonsky	Dr. William Polonsky What did you think of doing this for a week?
	Lower Third: SELENA RAUENZAHN Diabetes Since 2007	Selena Rauenzahn I noticed that I didn't die. <laughs> After only exercising 20 minutes. It's a very small start for me. Uhm.. but actually, I felt energized, and I was looking forward to the next time, because I- I realized I had more energy after I worked out just for that 20 minutes.
	Selena Rauenzahn with Dr. Polonsky	Dr. William Polonsky And when you think about the- the numbers that you were seeing, anything in particular strike you about what you discovered?
		Selena Rauenzahn They were drastic. They- they decreased a lot.
		Dr. Polonsky Huh.
		Selena Rauenzahn Uhm.. I have tended to have high numbers i- in the evening, it seemed like. And my numbers went down significantly.
	Dr. Polonsky with Eugene	Dr. William Polonsky

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		And you took a look at this and said....
		Eugene Goldberg My body's behaving the way it should be behaving under this medication. So the medication's working.
	Selena and Dr. Polonsky in his office, referring to chart	Selena Rauenzahn But when my numbers were high, I could definitely just bring it down. Just like 183 to 1- to 143. That's pretty drastic.
	Eugene talks to Dr. Polonsky in his office	Eugene Goldberg If- if I wanted to know, should I be eating this kind of food, you know, under these circumstances, I know within two hours whether that was a good choice or not.
		Dr. William Polonsky Yeah.
		Eugene Goldberg Incredibly motivating.
	Dr. Polonsky and Selena talk and refer to her testing chart	Dr. William Polonsky A- as you were thinking about, where does that- where does this take you now? W- where do you go with this?
	Selena checks her blood sugar in Dr. Polonsky's office	Selena Rauenzahn I would actually like to do testing in pairs in other areas. Like, perhaps my- my lunch meal. Or when I exercise in the morning versus in the evening. Testing in pairs is so much more meaningful, especially since I can see the results. I know it's just a number. I know it's just a number. But I don't like checking my blood sugars because I'm afraid of what's gonna happen. And after the very first time...
		Selena Rauenzahn: 153. Dr. William Polonsky: Better and better.
	Selena talking in Dr. Polonsky's office	Selena Rauenzahn: ...I was excited to check my blood sugars, because the first time, it went down 40. Dr. William Polonsky: 40 points.

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		<p>Selena Rauenzahn: That is amazing. So, I was like, what can I do next time?</p> <p>Dr. William Polonsky: Your own actions make a difference, and make a difference pretty quickly.</p> <p>Selena Rauenzahn: Yeah.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	
	<p>GFX Center</p> <p>www.dLife.com/test</p>	<p>Voice Over - Nicole Johnson</p> <p>You can learn more about blood glucose testing at dLife.com/test.</p>
	<p>Robert Stambovsky inspects airplane on tarmac</p>	<p>Voice Over - Nicole Johnson</p> <p>Up next, a visit with a veteran Marine Corps flyer who won't let diabetes keep him down.</p>
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	<p>Nicole Johnson, in studio</p> <p>Lower Third:</p> <p>NICOLE JOHNSON</p>	<p>Nicole Johnson</p> <p>Robert Stambovsky is a veteran Air Force pilot who doesn't let diabetes keep him down.</p>
	<p>GFX Center</p> <p>dLife FOR YOUR DIABETES LIFE!</p>	
	<p>Montage, desert airfield, airplane flying</p>	<p>Voice Over - Jim Turner</p> <p>Take a visit to the General William J. Fox Air Field in Lancaster, California, and chances are, you'll see a camouflage-colored jet airplane sitting on the tarmac with its affable owner nearby.</p>
	<p>Robert Stambovsky on tarmac</p>	<p>Robert Stambovsky</p> <p>Whew! What a great day. Great day to fly.</p>
	<p>Photographs of Robert Stambovsky</p>	<p>Voice Over - Jim Turner</p>

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	Robert works with flying students	Meet commercial pilot and flight instructor Robert “Stambo” Stambovsky, a former Marine who’s been teaching people to fly since 1998.
	Student flies plane	Robert Stambovsky Okay, _____, ready to go? Nice and easy baby. Nose up.
	Plane flies Robert Stambovsky inspects plane	Voice Over - Jim Turner The eye-popping airplane is a vintage 1971 British RAF jet provost.
		Robert Stambovsky This British airplane is a well, well built-- uh.. there aren’t too many of them in the United States. There’s about 12 of them. Very easy to fly, uh.. maintainable. I think these are works of art.
		Voice Over - Jim Turner What people may not know is how Stambo’s lifelong dream almost ended when he was diagnosed with type 2 diabetes, and it grounded him immediately.
	Robert Stambovsky - interview on tarmac Montage of parts airplane and Stambo	Robert Stambovsky I was devastated. I- I wasn’t sure what to expect. And uh.. of course, going through my mind is, “Well, I’m not gonna be able to fly again.” And I thought, “God, what am I gonna do? Uh.. I’m gonna have to learn sail, macramé.” And my poor wife, you know, she-- I’m sure going through her mind, she was saying, “What am I gonna do with this guy if he can’t fly an airplane?”
	Robert Stambovsky, interview on tarmac Lower Third: ROBERT STAMBOVSKY USMC (Retired), Diabetes Since 2007	Robert Stambovsky I was very, very frightened. And that’s why, when my A-Team, what I call my A-Team, my- my- my heroes, my medical people, told me what I had to do, uh.. that’s what I did, to the letter.
		Robert Stambovsky To the letter. Because uh.. that’s my-- that was the edge. That was my edge.
	Close ups of parts of airplane	Voice Over - Jim Turner What aided him was a complete change in his

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		lifestyle.
	Robert Stambovsky inspects plane Robert -- interview in front of restaurant	Robert Stambovsky A lot more protein. A lot more protein. Less uh.. carbs. There's uh.. Foxy's airport restaurant. Problem is, I can't have the curlicue fries anymore. And the flight doc said, "Nah, you're done with those."
	Robert Stambovsky - interview on tarmac, he and Donna together with plane Donna and Robert walk	Robert Stambovsky Once in a while, I'll- I'll slip a little bit. But Donna gives me the evil eye, I get back on the right track. And I find that I can't eat as much as I used to. I just physically can't. Which is a good thing. Then in the afternoon, uh.. Donna gets home from work, we walk. We try to walk every day. And take my medicine. And uh.. I just make sure I feel good.
	Robert Stambovsky inspects plane	Voice Over - Jim Turner After seven months, his numbers and his health were in check.
		Robert Stambovsky Whew! All right.
	Montage, Robert flying	Voice Over - Jim Turner And with the doctor's certification that he had beaten the odds, he was back doing what he loved. Flying.
		Robert Stambovsky God, I love it.
	Robert Stambovsky - interview on tarmac Robert Stambovsky sitting in plane	Robert Stambovsky You know, I get up in the morning, and I- I'm very, very thankful. A lot more now than before, because uh.. this was a pretty good hiccup in my life. Especially doing what I do. So I- I am- I am very thankful.
	Donna Stambovsky, interview on tarmac Lower Third: DONNA STAMBOVSKY	Donna Stambovsky As pilots, we tend to think only about whether we can fly or not. But the main thing is to make sure that you don't have the long-term effects from diabetes and that, you know, you keep people

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	Pilot, Robert's Wife	around that you love for a long time. That's the most important thing.
	Robert Stambovsky stands on tarmac Plane flies into distance	Robert Stambovsky What a great day.
	GFX Center dLife FOR YOUR DIABETES LIFE!	
	Lower Third: www.dLife.com/realstories	Nicole Johnson If you have a great story like Robert's, dLife wants to hear about it. Visit dLife.com/realstories to find out more.
	Jim Turn with life jacket	Nicole Johnson Up next, a visit with our own Jim Turner.
	GFX Center dLife FOR YOUR DIABETES LIFE!	
	GFX Center dLife FOR YOUR DIABETES LIFE!	
	Nicole Johnson, in Studio Lower Third: NICOLE JOHNSON Type 1 Diabetes	Nicole Johnson Do you have a glucagon kit in your house? Jim Turner tells you why you should.
	GFX Center dLife FOR YOUR DIABETES LIFE!	
	Jim Turner, packing suitcase Jim puts golf clubs on bed	Jim Turner I'm uh.. going on a little vacation. And I never go on vacation without these, 'cause you never know.
	Jim Turner puts on life jacket Lower Third: JIM TURNER Film & TV Actor, Type 1 Diabetes	Jim Turner Oh, I also always take this. It's a lifesaver. And a metaphor.
	Jim Turner holds up glucagon emergency kit	Jim Turner For this. My glucagon emergency kit. You know, I

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		<p>know how to swim. But even the best swimmers sometimes get in over their heads. Well, that's where this comes in handy, because you never know.</p> <p><car horn></p>
	Jim Turner leaves	<p>Jim Turner</p> <p>Oh, gotta go.</p> <p><car horn></p>
	Jim meets cab driver, they load car	<p>Jim Turner: Hey, you can stop honking. I'm here. Oh, hey.</p> <p>Cab driver: This is a cab, not a boat.</p> <p>Jim Turner: Oh, no, this is just a- a metaphor for my emergency glucagon kit.</p>
	Jim talks to cab driver	<p>Cab driver: Gluca what?</p> <p>Jim Turner: I have diabetes, and uh.. I carry it for emergencies. I always have one with me when I travel.</p> <p>Cab driver: Why?</p> <p>Jim Turner: That's a good question. First stop: my doctor.</p>
	Office door for Jamie R. Woods, M.D.	
	Jim Turner in Dr. Woods' office	<p>Jim Turner</p> <p>Dr. Wood, what exactly is glucagon?</p>
	<p>Dr. Jamie Wood talks with Jim Turner in her office</p> <p>Lower Third:</p> <p>Glucagon is also available under the brand name GlucaGen HypoKit</p>	<p>Dr. Jamie Wood</p> <p>Glucagon is a medication that we use in people with diabetes when they're having a severe low blood glucose.</p>
	Jim Turner in Dr. Woods' office	<p>Jim Turner</p> <p>And is it this- the stuff that you shoot in you, that's not- that's not sugar.</p>
	Jamie Wood, talks with Jim Turner in her office	<p>Dr. Jamie Wood</p> <p>No. And one of my former patients used to call it the</p>

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		“glucose gun” instead of glucagon. <chuckles> But no. It’s not glucose, it’s a synthetic version of the natural hormone that our body makes.
		Jim Turner Can you demonstrate to me how- how this works?
		Dr. Jamie Wood Sure. Do you want to do it with me?
		Jim Turner All right.
	Dr. Wood opens glucagon kit, talks to Jim Turner	Dr. Jamie Wood The good thing about glucagon is that it’s a very safe medication, and you really cannot hurt somebody with glucagon. Even if you gave more than the recommended dose, for example, for a child, it’s not going to hurt them.
	Dr. Wood and Jim demonstrates use of glucagon kit	Dr. Jamie Wood So the first thing that you do is you take the vial out, and it has uh.. a disk of powder. And you take the cap off. Take the syringe and take the cap off. Inject the liquid into the vial of powder. And you want to mix.
		Jim Turner All right, you shake it up like that.
	Dr. Wood and Jim continue demonstrating use of glucagon kit	Dr. Wood Until the powder is completely dissolved, and the liquid is back to clear. And then keeping the syringe back in the vial, you want to pull the liquid back into your syringe. And your dose will depend on your age and your body weight. Flick it a couple times to get your bubbles out and then inject the air back into the vial so you don’t have the bubbles.
	Dr. Wood and Jim demonstrate injection with glucagon kit	Dr. Wood You take it out. And then it can be given under the skin, or in emergency situation, we recommend directly into the muscle, because it’s probably absorbed a little bit faster. Grab the skin gently like this, insert the- the needle all the way down to the hub, and then inject.

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		<p>Jim Turner</p> <p>Ow!</p>
		<p>Dr. Wood</p> <p>You would count to three so that all of the liquid has a chance to leave the needle, and then pull out.</p>
	Cab driver in car with Jim Turner	<p>Cab driver</p> <p>Okay, so you take that syringe and you mix it with that stuff and-- well, why don't you do it yourself?</p>
	Jim Turner talks to cab driver	<p>Jim Turner</p> <p>Uh.. well, 'cause I was passed out. My wife and my 10 year old son found me on my bed in the middle of the afternoon. And- and uh.. my wife was completely freaked out and she couldn't figure out how to use this glucagon thing. And so my son, 10, looked at it and said, "Mom, no, you do this and then you do this. And then you squirt that in there and pull that out of there. And we put that in dad."</p>
		<p>Jim Turner</p> <p>And uhm.. eventually, they both together held it against my leg and pushed and pushed.</p>
		<p>Cab driver</p> <p>Not afraid of needles.</p>
	<p>Jim talks to cab driver</p> <p>Lower Third:</p> <p>Check the expiration dates on your glucagon kids. Replace expired ones.</p>	<p>Jim Turner</p> <p>And saved me from having to be revived by paramedics and- and saved me from who- who knows what else? It was the only time I've ever had to use that thing in 39 years, but I'm glad I had it.</p>
	<p>Cab pulls up to train station</p> <p>Jim pays cab driver</p>	<p>Cab driver: Train station</p> <p>Jim Turner: Thank you very much. Keep the change.</p>
	<p>Cab driver gives Jim his lifejacket</p> <p>Jim puts on lifejacket and gets out of cab</p>	<p>Cab driver: Hey, uh.. Tip for you. Don't forget your metaphor.</p> <p>Jim Turner: <laughs></p> <p>Cab driver: Might save your life someday. Hope you never have to use it.</p>

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		Jim Turner: Gotcha. See you.
	GFX Center dLife For Your Diabetes Life!	
	Nicole Johnson Berry pie with fork on plate	Nicole Johnson Suppose I told you could have an amazing low carb, low sugar berry pie? You might say, "impossible." And you'd be right. Impossible Berry Pie is on the table next.
	GFX Center dLife For Your Diabetes Life!	
	GFX Center The dLife Kitchen	
	Michel Nischan in kitchen Lower third: Michel Nischan dLife Chef	Michel Nischan Hi, I'm Chef Michel Nischan, and today in the dLife Kitchen, we're making a dessert that's both delicious and diabetes friendly.
	Berry pie with slice on a plate Michel Nischan in kitchen	Michel Nischan Impossible berry pie is sweetened with agave nectar, a versatile, natural sweetener that has much less impact on blood sugar than white sugar, honey, or any other caloric sweeteners, and no bitter aftertaste, which is great news when you're making dessert. Bitterness, dessert, don't go well together.
	Michel Nischan oils dish Michel Nischan puts adds different berries in dish	Michel Nischan Anyway, we're gonna start by using a Misto to just kind of coat the inside of a Pyrex dish. And we all know that berries are healthful to eat. Here we have some sliced strawberries, you can say we- see we presliced them a little bit. And now we're going with that antioxidant powerhouse, blueberries. Very good for you, we've known this for some time now.
	Lower Third: Raspberries deliver 8g of fiber per cup.	Michel Nischan And then some raspberries. And the great thing about this dessert is any berry will do.

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	Michel Nischan puts ingredients in blender	Michel Nischan Now, here's what I love the most. Instead of going through all the trouble to make a pie dough, which is high in carbohydrates, we use eggs, which is really good for us because, you know, no better source of protein than eggs. And then a little bit of evaporated milk. And here we have that good, sweet agave nectar.
	Lower Third: Agave nectar is sold in the honey and syrup aisle.	Michel Nischan And agave comes from the agave plant, which grows in Central America. Now in the Southwest, you know, parts of the U.S., uh.. South America as well.
	Michel Nischan adds ingredients to blender	Michel Nischan And it's just lovely. It's- it's like honey, but not that extra flavor. So it really is more sweet than flavorful, which is great. Now we have a little bit of canola oil or grape seed oil. Some vanilla extract. A little bit of almond extract. And that's gonna give it almost a taste like that French dessert called financier, that little bit of almond <i>je ne sais quoi</i> , which is French for, I don't know what it is, but I like it.
	Lower Third: Use half regular and half whole-wheat flour for healthier desserts	Michel Nischan And here we have a little bit flour that we're adding. And now we're just gonna put the lid on the blender.
	Michel Nischan covers blender and blends ingredients	Michel Nischan And just a quick 30 seconds, just so we don't have any starch dumplings when we cook the pie. And here we go.
	Michel Nischan pours batter over berries	Michel Nischan And look at that. That's just perfectly blended. Just going to take the lid off. And pour it just over the berries and make sure that we're getting it in every little nook and cranny. Here we go. Some of the berries will float to the top, but that's okay, 'cause eventually, they're just going to sink right back down into the batter. A perfect fit every time.
	Michel Nischan puts pie into oven, removes finished pie	Michel Nischan Now we're just gonna pop this in a preheated 350

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		degree oven for about 50 to 55 minutes. And it's gonna be nice and puffy and golden and set, just like this one that we have in here.
	Michel Nischan puts pie on counter	Michel Nischan Oh man, does this smell good. Now, check this out. It's nice, it's puffy, it's golden brown. Now, it looks like it might be a little lumpy.
	Left half of screen: IMPOSSIBLE BERRY PIE Makes 8 servings Per serving -- Calories: 126 Carbs: 19g Fiber: 1g Saturated fat: 1g Sodium: 49mg	Michel Nischan But that's gonna be fine, because this is gonna cool for about 30 minutes, almost to room temperature. And once it's at room temperature, we put it in the fridge. Refrigerate it at least an hour before you serve it.
	Michel Nischan gets pie from refrigerator, places it on counter	Michel Nischan This is what it looks like. Here, now check this out. Any lumpiness that might have been there is gone. It's really kind of collapsed on itself. Now it's nice and dense. It's sliceable. And I can still smell the berries from this, even though it's cold.
	Michel Nischan sprinkles powdered sugar on pie Lower Third: The powdered sugar in this recipe is optional	Michel Nischan Now, we're gonna take just a little bit of powdered sugar. And a lot of folks living with diabetes might say, "Oh my goodness, powdered sugar." But if you look at how much I'm adding, just enough to dust the top.
	Michel Nischan in kitchen with pie	Michel Nischan I can't even think that you're gonna get a 16th of a teaspoon in the finished dessert. And there you have it. Now because the sweetness in this dessert comes from agave nectar and low glycemic berries, you may notice, this Impossible Berry Pie doesn't cause a big spike in your blood sugar.
	Lower third: www.dLife.com/recipebox	Michel Nischan Check out this recipe, and get other great tips on managing your diabetes and health on our website

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		at dLife.com/recipebox.
	Michel Nischan in kitchen	Michel Nischan And our user-friendly recipe finder will set you up with over 8,500 recipes. I'm Chef Michel Nischan, glad you could join me in the dLife Kitchen.
	GFX Center dLife For Your Diabetes Life!	
	Nicole Johnson in studio	Nicole Johnson Up next, two amazing moms dedicated to curing diabetes.
	GFX Center dLife For Your Diabetes Life!	
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	Nicole Johnson, in Studio Lower Third: NICOLE JOHNSON	Nicole Johnson Welcome back to dLife. I'm Nicole Johnson. The Juvenile Diabetes Research Foundation, or JDRF, has awarded more than \$1 billion to diabetes research. But those big dollars would never exist if it were not for Lee Ducat and Carol Lurie. They started JDRF in their living rooms to find a cure for their two young sons. The organization now has more than 100 offices around the globe.
	Crowd at demonstration Lee Ducat - Interview	Lee Ducat My name is Lee Ducat. I'm the founder of the Juvenile Diabetes Foundation.
	JDRF office Carol Lurie - Interview Montage of children and research images	Carol Lurie My name is Carol Lurie. And I became involved with the Juvenile Diabetes Research Foundation when our son became diabetic at the age of 10 years old.
	Photo of Larry Ducat as a child Lee Ducat - Interview, alternating with pictures of Larry	Lee Ducat The diagnosis of diabetes is tumultuous to a family. Larry was nine years old. And one day, he just came home and said, "Mom, I don't feel well." I took him to his pediatrician.

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	<p>Lee Ducat - Interview</p> <p>Lower Third:</p> <p>LEE DUCAT Founder, JDRF</p>	<p>Lee Ducat</p> <p>And he examined him and he said, "There's nothing wrong with this child." In other words, he's playing hooky. "Send him back to school, he's going to be fine."</p>
	<p>Old photograph of Lee and Larry</p> <p>Lee Ducat - Interview</p> <p>Old photograph of Lee's husband</p>	<p>Lee Ducat</p> <p>And as I drove away from the doctor's office, I knew there was something terribly wrong. So I stopped at the closest hospital and the pathologist took Larry's blood and he said, "We'll have the answer in a few hours." And a few hours later, my husband came home and he said to me, "I have bad news. Larry has diabetes."</p>
	<p>Tinted footage of children in boats and swimming at a lake</p> <p>Tinted footage of boys playing basketball</p> <p>Tinted footage, picnic table with two boys and adult couple</p>	<p>Carol Lurie</p> <p>He was a way at sleepaway camp. And when we went up for camp visiting weekend, he pulled me aside and said, "I'm urinating at night in my bed. And at 10 years old, people are making fun of me." And I said, "Okay, I think it's time that we go down to the uh.. nurse's office, the doctor at camp."</p>
	<p>Carol Lurie - Interview, alternating with photos of her son</p> <p>Lower Third:</p> <p>Caroline Lurie Founding Member, JDRF</p>	<p>Caroline Lurie</p> <p>And the doctor said, "Carol, I gotta tell you something. Your son has diabetes." And then the world caved in for a while. It was the first time I saw my husband cry.</p>
	<p>Old photograph of Larry Ducat</p> <p>Lee Ducat - Interview</p>	<p>Lee Ducat</p> <p>My son's doctor was Dr. Robert Kay. And I was taking Larry for his routine examination. And he said, "Larry, you're gonna be fine." And I sent Larry out of the room. And I said to Dr. Kay, "He's not going to be fine. Is he going to spend a lifetime taking insulin shots and look forward to a life full of complications? We would like to see a cure. How can we get one?"</p>
	<p>Lee Ducat - Interview, alternating</p>	<p>Lee Ducat</p> <p>So he looked at me and he said, "Lee, if we had enough money, we could cure diabetes." Well, that made sense to me. And I said to him, "Well if money is all you need. We'll get the money to cure</p>

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	with old photographs of Lee and early JDRF days	diabetes.” And I said, “You know what? I’ll have a cocktail party. I know how to do that.” And it was that evening, May 21st, 1970, that the Juvenile Diabetes Foundation was born.
	Carol Lurie - Interview, alternating with old early JDRF days Lower Third: JDF became JDRF in 2000.	Carol Lurie I heard about a lady named Lee Ducat who was starting an organization named called Juvenile Diabetes Foundation at that time.
		Carol Lurie Lee had the heart, the moxie, never to take no for an answer.
	Photos of Lee fundraising Lee Ducat - Interview, alternating with old photos of early JDRF days	Lee Ducat In the first year, we raised \$10,000. And within the first two years, we had 10 chapters. And then we formed a national organization, which was a big turn of events, 'cause then we were really strong.
	White house Carol Lurie - interview, alternating with old photos of early JDRF days	Carol Lurie We hit Washington. We began to see Congressmen and senators. Waking Washington up was amazing accomplishment.
	Lee Ducat -- Interview	Lee Ducat I learned that you could get more money for research in one day from the federal government than you could get from years of fundraising.
	Photograph of early JDRF days	Carol Lurie We have raised over a billion dollars since JDRF was born.
	Children playing and smiling Lee Ducat - interview	Lee Ducat I think what drives us as parents is the love that we have for our children, and the passionate hope that there is a cure out there, and it’s within reach.
	GFX Center JDRF Juvenile Diabetes Research Foundation International Dedicated to finding a cure	
	Nicole Johnson	Nicole Johnson Carol and Lee prove that nothing is stronger than a

TIMECODE	VISUALS	AUDIO
		mother's love.
	GFX Center www.dLifeFoundation.org	Nicole Johnson If you want to get involved with a local diabetes charity, visit dLifeFoundation.org.
	GFX Center dLife For Your Diabetes Life!	
	Lower third: Watch dLifeTV on CNBC every Sunday evening.	Nicole Johnson That's this edition of dLife. We'll be back next week to inform, inspire, and connect, for a healthy diabetes life. Thank you for watching.
	Center: dLife is produced by LifeMed Media and does not represent the views or opinions of CNBC, Inc.	
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